



## Mini Spa

4th floor. Opened everyday. Pre-booking mandatory. Book your appointment at the reception, dial extension 9 or via our Guest Services WhatsApp.

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### Classic Massages

**Relaxing** (50 min. R\$ 360 / 80 min. R\$ 490)  
Improves circulation and rebalance energies, eliminating stress.

**Shiatsu** (50 min. R\$ 370 / 90 min. R\$ 490)  
This traditional oriental massage increases immunity and balances the body.

**Sporting** (60 min. R\$ 375 / 80 min. R\$ 490)  
This stretching massage of deep movements reduces muscle tension and is indicated for before or after practicing exercises

**Shaping Massage** (60 min. R\$ 360)  
Localized and modeling massage that helps reducing measures by activating circulation.

**Lymphatic Drainage** (60 min. R\$ 360)  
Soft massage technique that activates the lymphatic system by eliminating toxins.

**Jetlag** (60 min. R\$ 360 / 80 min. R\$ 490)  
A pleasant massage focusing on the back, legs and feet. Relieves physical and mental fatigue after long trips.

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### D&D

Our signature treatment is the four-hand massage, where two therapists work in perfect synchrony, applying equal pressure and rhythm. This precise balance enhances relaxation, stimulates circulation, and maximizes the therapy's benefits.

**Relaxing Bliss** (50 min. R\$ 740 / 90 min. R\$ 910)  
A four-hand massage with long, slow, and precise strokes, combined with essential oils of lemon, lavender, and sweet orange. This technique promotes deep relaxation, relieves tension, and restores balance to the body and mind.

**Wondertouch 360** (50 min. R\$ 780 / 90 min. R\$ 970)  
A therapy that combines aesthetics and relaxation, helping to sculpt the body while stimulating blood and lymphatic circulation. Two therapists work in perfect harmony, enhancing the technique's effects. The oils used have anti-inflammatory properties, promoting well-being and lightness.

**Special Experience** (60 min. R\$ 800)  
Inspired by the traditional volcanic stone massage from Asia, this therapy provides deep relaxation and stress relief. The heat from the stones, combined with massage pressure, eases tension and balances energy. A perfect ritual for those seeking intense relaxation.

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\*15% of service fee will be added

The massages at JANEIRO are designed for individuals in good health. If you have any concerns, please consult your doctor before booking. Book in advance. If you need an appointment outside the scheduled hours, let us know, and we will do our best to accommodate you.

Changes or cancellations must be communicated at least 4 hours in advance to avoid a 50% charge. In case of no-show, cancellation, or changes without prior notice, the full amount will be charged. We kindly ask you to arrive 15 minutes before your scheduled time, as we are unable to accommodate delays.