

TREATMENTS

SIGNATURE MASSAGE 40 MINS ₪ 410 / 50 MINS ₪ 450 / 90 MINS ₪ 590

Our signature treatment, created to offer a deeply relaxing and personalized experience. A combination of massage techniques focuses on areas of tension, complemented by soothing work on the feet and scalp and aromatic oils inspired by the gardens of the American Colony.

SWEDISH MASSAGE 40 MINS ₪ 340 / 50 MINS ₪ 370 / 90 MINS ₪ 520

A classic full-body massage using gentle to medium pressure and flowing movements. Designed to release everyday tension, encourage relaxation and leave the body feeling refreshed and restored.

DEEP TISSUE MASSAGE 40 MINS ₪ 360 / 50 MINS ₪ 390 / 90 MINS ₪ 550

A stronger and more focused massage using deeper pressure to target muscular tension and stiffness. Ideal for guests seeking a more intensive treatment, particularly for the back, shoulders and legs.

AMERICAN COLONY GARDEN THERAPY MASSAGE

40 MINS ₪ 390 / 50 MINS ₪ 420 / 90 MINS ₪ 570

A calming and restorative full-body treatment inspired by the beautiful gardens of the American Colony. Gentle massage techniques are combined with carefully selected aromatic oils and botanical scents to create a peaceful sensory experience that relaxes both body and mind. Guests may select from a choice of garden-inspired aromas, including rose, lavender and citrus, subject to availability.

HOT STONE MASSAGE 50 MINS ₪ 480 / 90 MINS ₪ 620

A deeply relaxing treatment combining massage with smooth heated stones. The warmth helps relax the muscles, release areas of tension and create a soothing sense of comfort and well-being.

REFLEXOLOGY TREATMENT 40 MINS ₪ 340 / 50 MINS ₪ 390

A focused treatment using massage and pressure techniques on the feet. Ideal after travelling or a long day exploring Jerusalem, helping tired feet and legs feel relaxed, refreshed and restored.



COUPLES MASSAGE 50 MINS ₪ 850 / 90 MINS ₪ 1,100

A relaxing experience created to be enjoyed together. Two therapists provide simultaneous personalized massages, allowing each guest to select their preferred pressure and areas of focus. The experience concludes with herbal tea or a seasonal refreshment.

IN-ROOM MASSAGE

For the comfort and convenience of our resident guests, selected massage treatments may also be enjoyed in the privacy of the guests' room. In-room treatments are offered subject to therapist availability, the suitability of the guest room and the guests' individual circumstances and treatment requirements. Certain treatments, including Hot Stone Massage and Body Polish, are available in our treatment rooms only.

Please contact our Reception team for availability and arrangements.

For further information & bookings:

spa@amcol.co.il

052-493-5513 or #2021 from the hotel

- All prices are in NIS and include VAT. Foreign guests are exempt from paying VAT.
- Our oils are natural and free of chemicals, and the entire treatment complex is cleaned and treated with ecological materials.
- A 50% cancellation fee will apply for the cancellation of any treatment 6 hours before the time of treatment.
- Notice of change, replacement, or postponement of treatment must be made at least 12 hours before the time of treatment.
- If it is not possible to perform the treatment ordered, due to a medical limitation, a replacement treatment will be arranged.
- Please arrive at least 10 minutes prior to the scheduled appointment time.
- Please sign a health declaration before your massage.
- Treatments may end up to 15 minutes later than scheduled time.
- Late arrivals will result in treatment time being shortened accordingly.
- Personal storage is provided; however, we advise you not to bring or wear valuables whilst using our facilities. The hotel is not responsible for any loss, theft or damage to personal belongings and valuables, whether stored in storage or not. Storing objects in storage is the responsibility of the guest.
- Treatments and/or prices may be subject to change.
- We welcome guests from the age of 18.



SPA MENU

A carefully curated collection of treatments designed to restore the body, calm the mind and offer a moment of tranquillity in the unique surroundings of the American Colony.