

## *Appetizers & Salads*

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Jumbo Shrimp Cocktail — \$17.95

Gourmet Potato Skins — \$16.95

French Onion Soup — \$10.95

Clam Chowder — \$10.95

Chef's Salad — \$16.95

Cashew Salad — \$16.95

Caesar Salad — \$15.95

Fresh Fruit Plate — \$16.95

## *Beverages*

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Chilled Juice — Lg \$4 Sm \$3  
Orange, apple, cranberry or pink grapefruit

Coffee or Regular Tea — \$2

Herbal Tea — \$3

Iced Tea — \$3

Milkshake — \$5

Vanilla, chocolate or strawberry

2% Milk — Lg \$4 Sm \$3

Chocolate Milk — Lg \$4 Sm \$3

Bottomless Pop (with meal) — \$4

Bottled Spring Water — \$3

## *Entrées*

*Chicken Cordon Bleu* — \$24.95

*Chicken stuffed with ham and Swiss cheese, served with mushroom wine sauce*

*Veal Mozzarella* — \$24.95

*Breaded veal with tomato sauce, mozzarella and Parmesan cheese*

*Chicken Breast with Fruit* — \$23.95

*Pan-fried chicken served with fresh fruit in-season*

*Chicken San Francisco* — \$26.95

*Stuffed with baby shrimp, crabmeat, salmon and Canadian cheese with cream sauce*

*Chicken Breast Supreme* — \$26.95

*With asparagus tips and mushrooms, glazed with hollandaise sauce*

*Teriyaki Chicken* — \$23.95

*Breast of chicken marinated in teriyaki sauce*

*Shrimp Pasta* — \$24.95

*Simmered with bell peppers, shallots, fresh tomatoes and white wine sauce*

*Vegetable Pasta* — \$19.95

*Broccoli, mushrooms, tomatoes, onions and white wine sauce*

*Chicken Fettuccini* — \$22.95

*Baked with mushrooms, onions, cream sauce and Parmesan cheese*

*Filet of Sole Almondine* — \$24.95

*Pan-fried sole topped with roasted almonds*

*Baked Lobster — Market Price*

*Served with lemon butter, a taste temptation*

*Jumbo Black Tiger Shrimp — \$24.95*

*Sautéed in garlic butter*

*Salmon Filet — \$23.95*

*Served with hollandaise sauce*

## *Steaks*

*Filet Mignon — 6 oz. \$28.95 8 oz. \$31.95*

*New York Strip — 8 oz. \$27.95 10 oz. \$29.95*

*Steak and Shrimp — \$31.95*

*8 oz. New York cut with 4 butterfly shrimp*

*Steak and Lobster — \$35.95*

*8 oz. New York cut with a lobster tail*

*Steak Neptune — \$32.95*

*8 oz. New York cut topped with asparagus tips, crab meat and hollandaise sauce*

# For Sharing

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Norsemen Platter for Two — \$62.95

*10 oz. New York steak, 8 black tiger garlic shrimp, teriyaki breast of chicken, pan-fried mushroom caps, fresh vegetables and your choice of potato, rice or pasta*

## Seniors

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*Coffee or Regular Tea and Breadsticks Included With All Senior Meals*

Fresh Fruit Plate — \$16.95

Fettuccini Alfredo — \$17.95

Baked Lasagna — \$17.95

*Items below include your choice of potato, rice or pasta and include chef's fresh vegetable of the day.*

Breaded Pork Cutlet — \$18.95

Breaded Veal Cutlet — \$18.95

Deep-Fried Battered Cod & Chips — \$18.95

Hot Turkey Dinner — \$18.95

Roast Alberta Beef — \$18.95

Pan-Fried Breast of Chicken — \$18.95

Liver and Onions — \$18.95

Hot Hamburger Sandwich — \$18.95

\*Add soup & salad bar to any senior meal — \$6.95