

Massage Therapy

Swedish

A soothing gentle touch is designed to promote deep relaxation and stimulate circulation and vitality. Light to medium touch.

50 minutes- \$140 80 minutes- \$180

Therapeutic

A muscle relaxation technique concentrating on alleviating tension, releasing tightness and reducing muscle pain from exertion or exercise. Medium to deep touch.

50 minutes- \$155 80 minutes- \$195

Expectant Mother

Specifically designed for expecting mothers in their second & third trimester. A complete relaxing full body massage designed to relieve tension and address the specific needs of the mother-to-be.

50 minutes- \$140

Basalt Hot Stone

Natural lava stones are primed with radiant heat to melt knotted muscles, alleviate stress and bring relief from tension. Your body will melt away to a revitalized spirit, energized and distressed.

50 minutes- \$150

Couples

Enjoy the deep relaxation of a Swedish or Therapeutic massage with your partner. A wonderful addition to a romantic getaway. Finished with a cold glass of champagne.

Swedish 50 minutes- \$275 80 minutes- \$350

Therap. 50 minutes- \$295 80 minutes- \$375

Reflexology

Reflexology focuses on the body's pressure points in the feet to stimulate the body's natural healing ability. Followed by our green tea scrub and ending with a foot massage.

50 minutes- \$145

Ultimate Sports Recovery

This massage focuses on the areas of the body that are overused and stressed from repetitive movements using our high potency CBD cream. The use of our Hypervolt massage gun enables recovery after injury or intense activity by improving blood flow to the area.

50 minutes- \$165

Couples

Enjoy the deep relaxation of a Swedish or Therapeutic massage with your partner. A wonderful addition to a romantic getaway. Finished with a cold glass of champagne.

Swedish 50 minutes- \$275 80 minutes- \$350

Therap. 50 minutes- \$295 80 minutes- \$375

Body Treatments

Tocasierra Signature Hot Oil

This treatment will soothe aching muscles, reduce stress and promote pure relaxation. In addition to a full body massage, the Signature includes paraffin therapy for the hands, a hot oil scalp treatment, ending with a foot massage.

80 minutes- \$200



Lime in the Coconut

You will be swept away with the scents of coconut and limes as we polish your body with a vitamin infused body scrub. Finish off with a 50 minute Swedish massage and application of coconut shea butter crème.

80 minutes- \$185

Spa Packages

Baby Moon

For the mother-to-be, a day of pampering before the baby arrives. A wonderful combination of a relaxing prenatal massage followed by a hydrating facial.

110 minutes - \$265

Restorative Face & Body

A light touch Swedish massage coupled with a European facial for a few hours of melting away the stresses of the day. 110 minutes - \$265

Massage Enhancements

Foot Reflexology	20min. \$50
Hot Stone ADD-ON	\$30
Hot Oil Scalp Treatment	\$30
CBD Muscle Relief	\$30
Hand or Foot Paraffin ADD-ON	\$30
Dry Brushing	\$30
Lime Coconut Foot Scrub	\$30
Aromatherapy ADD-ON	\$15

Facials

Classic European

The perfect combination of cleansing, steaming, extractions and masque. Your complexion will be purified with a healthy glow.

50 minutes- \$140

Age Defying

Diminish the dark spots and even out your tone and texture. You will be cleansed, steamed and enjoy an age defying masque.

50 minutes- \$160

Detox Facial

An anti-inflammatory facial designed to gently nourish and soothe the skin. This mood-lifting treatment features antioxidants, as well as pleasant aroma. Tighten capillaries, reduce redness, and clear impurities with this facial.

50 minutes- \$150

Soothing Renewal Facial

A luxurious facial designed to soothe and calm your complexion. Aloe Vera, Green Tea and Rose sooth and hydrate the skin while providing a healthy, vibrant glow.

50 minutes- \$160

Vitamin C Brightening Facial

This intensive treatment is designed to even skin tone, reduce fine lines & wrinkles by stimulating collagen in the skin. Dramatically brightens skin and increases luminosity leaving skin glowing.

50 minutes- \$160

Vitamin C “Glow on the Go”

Our Express Facial was created specifically for the person on the go. This customized facial is uniquely designed to give maximum results in minimum time. Formulated to brighten lackluster complexions, even skin tone and smooth texture.

25 minutes- \$80

Facial Enhancements

Lip Plump Treatment \$30

Collagen Boost Eye Treatment \$30

Hair Removal

Lip or Chin \$30

Brow Shaping \$30

Brow Cleanup \$30

Bikini \$30

Cancellation & Rescheduling Policy

We kindly request at least 12 hours' notice on any cancellation or change. Failure to cancel or change an appointment within 12 hours will result in a full charge of the missed treatment. We strictly adhere to the spa cancellation policy as a courtesy to other guests and our treatment providers.

Service Charge

To make your spa experience as seamless as possible, a 20% gratuity will be applied on all spa treatments at check-out. Please note that this gratuity is modifiable.

Spa Arrival & Etiquette

Please arrive 15 minutes prior to your first service. You'll want to get the most out of your spa experience. Arriving late will cut into the precious minutes of your treatment. Remember that your service will end on time so the next guest isn't delayed.

- **No cell phones, please.**
- **Lockers are provided, but please refrain from bringing valuables.**
- **Prices are subject to change without notice.**
- **We recommend advance reservations for all spa services.**



Tocasierra Spa at Hilton Phoenix Resort

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Phoenix, AZ 85020
(602) 906-3820
In house Ext: 4544

Tocasierraspa.com

Spa Hours

Monday- Sunday 9 a.m. – 5 p.m.