



SPA
AT
THE ROCKAWAY
HOTEL



THE SPA AT THE ROCKAWAY HOTEL

The Spa at the Rockaway is a transformative oasis with healing offerings for mind and body. It's your personalized escape to reset. Choose one of our carefully crafted signature treatments, indulge in our ultra-pampering amenities, and with the spa's unique oceanfront backdrop, you'll feel spoiled, relaxed, and revitalized.

FACIAL TREATMENTS

HYALURONIC MARINE MOISTURE FACIAL

Replenish and strengthen your moisture barrier leaving dehydrated skin fully restored. This nourishing treatment includes a professional grade Dr. Dennis Gross Alpha Beta™ exfoliation for face and line minimizing LED red light therapy for your eyes. An Endothermic Hyaluronic Marine Mask will calm skin to regain its natural balance and instantly leave a more plump and dewy complexion.

50 MINUTES – \$155

VITAMIN C BRIGHT & FIRM FACIAL

This high-performance facial is the essential treatment for the ultimate glow on the go and reversing skins age. Our Vitamin C collection blends 4 different types of corrective brightening actives to improve luminosity and repair all forms of damaged skin. This facial includes a professional grade Dr Dennis Gross Alpha Beta™ exfoliation, LED light therapy and our antioxidant rich Bio-Cellulose Vitamin C Mask to energize at the cellular level leaving your skin in its best overall health.

50 MINUTES – \$160

INTENSE LINE DEFENSE FACIAL

Recapture your youthful radiance with this complexion-perfecting treatment for face and neck. This unique treatment is the go-to for combatting sun damage, firming and texture. This experience includes LED Light therapy for face and neck with a 3-Step professional grade Vitamin A exfoliation for powerful wrinkle fighting results. A refining Age Erase Recovery mask formulated with vitamins, minerals and a high dose of Hyaluronic Acid will complete the experience leaving no match for dull aging skin.

*Not suitable for pregnancy

50 MINUTES – \$160

BODY TREATMENTS

ALOE AND SEAWEED WRAP

This nourishing body firming wrap includes high-performance ingredients and ocean minerals to provide full body hydration while toning and firming skin. This treatment begins with a scrub exfoliation to brighten skin and increase circulation. A light wrap with green clay and seaweed extracts draws out impurities and is removed with hot towels. Finish with a luxurious full-body hydration of sea extracts, stem cells, and calming white teas.

75 MINUTES – \$185

SUGAR SCRUB BODY TREATMENT

This dazzling natural treatment begins with the vibrant aromas of a ginger-lime sugar scrub that helps exfoliate the skin to create a brighter, glowing complexion. Followed by a warm, nourishing coconut and argan oil infused with avocado oil, apricot oil, rose hip, and vitamin E is slowly drizzled onto the body for superior hydration, nourishment, and total body relaxation.

50 MINUTES – \$160



MASSAGE TREATMENTS

RECOVERY MASSAGE

Awaken your senses and relax your mind with our CBD Recovery Massage. Crafted with cold-pressed hemp, marula, jojoba & olive oils, this luxury treatment begins with a body cleanse to clarify the skin and boost circulation. Next, warm body oils are expertly applied to the skin to help relax muscles, moisturize, and nourish the body.

50/80 MINUTES – \$160/\$250

ROCKAWAY SIGNATURE MASSAGE

This exquisite experience is created especially for you. Includes warm stones, steam towels and a luxurious foot treatment that will melt away tension and fully relax the body.

50/80 MINUTES – \$145/\$225

HOT STONE MASSAGE

Relaxing and re-mineralizing massage using warm hand-carved salt stones from the Himalayan mountains to balance the central nervous system and nourish depleted cells, leaving the body in a deep state of relaxation.

50/80 MINUTES – \$160/\$250

MOTHER-TO-BE MASSAGE

Specifically designed to pamper you during this joyous time, this massage improves circulation and calms the body. Includes an organic shea butter and body oil combination gently applied to help reduce the signs of stretch marks and to ease any skin irritation.

Please inform us of your due date at time of reservation.

50/80 MINUTES – \$155/\$225

COUPLES MASSAGE

Share this private intimate experience together as you enjoy any two treatments side-by-side.



PACKAGES

ULTIMATE ROCKAWAY INDULGENCE

Includes both the exquisite experience of our 50-minute Rockaway Signature Massage and our 50-minute Hyaluronic Marine Moisture Facial that will leave skin radiant, hydrated, and glowing.

2 HOURS – \$260

SIGNATURE ROCK & GLOW TREATMENT

Experience an 80-minute personalized facial where the skin is cleansed, clarified, and expertly prepared for layers of high-performance concentrates for glowing skin. This facial includes the Dr Dennis Gross Alpha Beta [™] Face Peel. Followed by a full body Ginger-Lime Sugar scrub and an ultra-hydrating body Butter treatment. This is the best combination of intense hydration and exfoliation for the perfect Rockaway Glow.

80 MINUTES - \$200

GIFT CARDS

Spa Gift Cards are a wonderful way to give the gift of wellness, relaxation, and renewal. They are available for all services as well as in any dollar amount you would like to give. Please inquire at the front desk for guidance in selecting the ideal gift.





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ENHANCEMENT MENU

Hand & Foot Treatment

A relaxing indulgent experience where your feet and hands are cleansed and exfoliated then wrapped in warmth, followed by a moisturizing massage

\$35

Soothing Scalp Treatment

A luxurious oil blend is drizzled over the scalp for a soothing scalp massage suitable for sensitive skin

\$25

High Frequency Add-on

High frequency face stimulation sending gentle waves through the skin and face, lifting & toning the skin

\$40

Deep Tissue Upgrade

Applying sustained pressure slowly to target the inner layers of your muscles and ease tension

\$30

Reflexology

30 minute application of pressure to specific points on the feet and hands to relieve tension.

\$60

Pore Extractions

Cleanse deep into the pores of the skin, reducing the overproduction of oil, minimizing pores and leaving your skin feeling matte and radiant,

\$30

Hydrating Sheet Mask Add-on

Provide your skin with an immediate and intense boost of vitamins, hydration and brightening effects in no time.

\$20

Dr. Gross LED Light Therapy Mask

LED device for your entire face that targets the appearance of wrinkles and blemishes

\$50

Special Occasion upgrade

Mark your special occasion with a take home gift & Personalized Message

\$30

SPA POLICIES

APPOINTMENTS

We recommend booking your spa appointments in advance to ensure the desired time is available for you. To secure your appointment, a credit card number is required at the time of your booking.

ARRIVAL

We suggest that you arrive at least 15 minutes prior to your scheduled appointment time. This will allow plenty of time to check in, change, and relax before your treatment.

ATTIRE

Robes, slippers, personal locker, and towels are provided for all Spa Guests. Please disrobe to the level of your comfort for your treatment, undergarments are not necessary, but you may wear them if you prefer. Our licensed therapists ensure you are securely draped, assuring your privacy at all times.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. Failure to comply with this policy will result in a cancellation fee amounting to the full cost of the scheduled service.

LATE ARRIVAL

As a courtesy to all of our guests, late arrivals will only receive the remaining available appointment time and will be charged the full-service fee.

PREGNANCY & SPECIAL HEALTH CONSIDERATIONS

Please notify us while booking your service if you have high blood pressure, allergies, any physical ailments, or special needs. If you are pregnant, please make us aware of your due date as that would affect your choice of services.

AGE REQUIREMENT

All spa guests must be 18 or older to enjoy the spa.

ELECTRONICS

In consideration of our other guests, we ask that you turn off your cell phone or any other electronic devices before entering the spa and leave them secured in your locker throughout your visit.

SERVICE CHARGE

For your convenience, a 20% service charge will be automatically charged to your bill. Additional gratuities are at your discretion and should reflect your satisfaction with your service.

VALUABLES

Please do not bring any valuables with you. We are not liable for any loss of personal property, including jewelry, even if stored in our lockers.