



Signature Specials

Esencia ⌚ 90 min
\$200

Shiatsu - Lomi Lomi - Ayurveda - Aromatic
Hot Sachets - Sound Healing.

El Silencio Revival ⌚ 90 min
\$200

Relaxing Massage - Neck Stretches - Aromatic
Hot Sachets - Minifacial.

Deep Wellness ⌚ 90 min
\$200

Passionfruit & Volcanic Mud Exfoliation - Hot
shower - Deep Tissue Massage.

Organic Relaxation ⌚ 90 min
\$200

Orange & Honey Exfoliation - Hot Shower - Swedish
Massage.

Coffee Ritual ⌚ 90 min
\$200

Orange & Coffee Exfoliation - Hot Shower -
Hot Stones Massage.

Chocolate Miracle ⌚ 120 min
\$230

Exfoliation - Body Wrap - Hair Mask
- Full Facial - Body Moisturizing.

Meditation Duet ⌚ 120 min
\$250 per pax (in tandem)

Guided Meditation - Coconut - Brown Sugar
& Honey Exfoliation - Rainforest Aromatherapy
Massage - Dessert & Sparkling Wine (bottle)

Couple's Mango Ritual ⌚ 120 min
\$245 per pax

Mango & Coconut Body Wrap - Restorative Massage
- Cheese Platter & White Wine (bottle)

To Book

Please reach out to:

Esencia Spa (extension 212)
Front Desk (extension 100)
Eco-Concierge (extension 202)
Your designated reservations agent



To maximize the relaxing benefits of your experience we recommend arriving 15 minutes before your appointment. We may not make up for lost time due to late arrivals. Thank you for kind understanding.



POLICIES

Late cancellations (requested within 12 hours of service) will be charged in full. A reservation may be modified once and only within five hours of the scheduled treatment. Modifications are subject to availability. **Exceptions** are allowed due to adverse weather conditions| health situations| or other force majeure events.

The prices do not include taxes.



elsilenciolodge.com



Massage

Swedish ⌚ 60 min \$165 ⌚ 90 min \$190
Relaxing Massage.

Rainforest Aromatherapy
⌚ 60 min \$185 ⌚ 90 min \$200
Relaxing Massage - Aromatherapy with lavender
- Orange - Bergamot - Rosemary & frankincense
- Aromatic sachets.

Deep Tissue
⌚ 60 min \$180 ⌚ 90 min \$200
Tension release massage - Combined with stretches.

Hot Stones ⌚ 90 min
\$180
Relaxing massage - Analgesic properties.

Moms to be ⌚ 60 min
\$130
Side & face-up massage - Lymphatic leg drainage.

Clay Miracle ⌚ 50 min
\$135
Relaxing massage with Costa Rican volcanic clay -
Hot shower.

Chocolate massage ⌚ 50 min
\$135
Relaxing massage with chocolate - Hot shower.

Thai ⌚ 90 min
\$200
Thai massage - Passive Yoga - Stretches - Wear
comfortable clothes.

Restorative ⌚ 60 min
\$135
Back & neck massage - Sound therapy.



Hands & Feet ⌚ 30 min \$90 ⌚ 60 min \$130
Reflexology - Choose to focus on hands,
feet (or both).

Herbal Bliss ⌚ 60 min
\$135
Back & neck massage - Foot reflexology - Face
massage - Aromatherapy.



Beauty Rituals

Hands Ritual ⌚ 75 min
\$140
Spa manicure - Cleansing - Exfoliation - Hand
hydration mask - Removal of impurities - Nail filing
& polish - Hair mask treatment.

Feet Ritual ⌚ 75 min
\$140
Spa pedicure - Cleansing - Exfoliation - Foot
hydration mask - Removal of impurities - Nail filing
& polish - Minifacial.

Podal Detox ⌚ 90 min
\$180
Podal detox - Chair massage - Sound therapy -
Reflexology.

Hair Treatment ⌚ 75 min
\$160
Mask applied according to hair type - Hair washing -
Shine treatment - Hydration with argan oil -
Hair-drying / curling iron styling upon request.



Bespoke Facials

Mini Facial ⌚ 45 min
\$110
Cleansing - Exfoliation - Hydrating mask Complexion
massage - Tailored to your skin type.

Full Facial ⌚ 60 min
\$175
Cleansing - Exfoliation - Blackhead & pimple
extraction - Hydrating mask - Complexion
massage - Tailored to your skin type.

OxyGeneo Super Facial ⌚ 75 min
\$200
Deep exfoliation - Radio frequency - Ultrasound -
Hydration - Tailored to your skin type.

Rejuvenating Facial ⌚ 75 min
\$200
Complete rejuvenating facial with Hyaluronic acid
mask.



Body Care

Body Polish ⌚ 60 min
\$180
Exfoliating scrub - Hot shower - Body moisturizing
with essential oils.

Choose your favorite body polish elements:
Mint • Apple-Cinnamon • Brown sugar, Coconut
& Vanilla • Basil & Blackberry.

Body Wrap ⌚ 75 min
\$180
Nourishing with natural ingredients - Thermal blanket
- Lymphatic drainage face massage - Hot shower -
Body moisturizing with essential oils

Choose your favorite body wrap elements:
Chocolate & Strawberry • Mango & Coconut
Volcanic clay • Strawberry.