

ELEMIS DEEP TISSUE MUSCLE MASSAGE

An exotic massage that incorporates techniques from ten different cultures. Choose either:

STRESS AWAY

Wind down and release the tension of the day.

SPIRIT REVIVER

A powerful surge to invigorate and recharge.

MUSCLE MELT

Relax and re-energize a tired aching body.

CHAKRA BALANCING

Reconnect your mind, body and soul.

ELEMIS DEEP TISSUE MASSAGE

Minimum time, maximum tension relieving results - specifically targeting the back, neck and shoulder

	Member/ Guest	Non Member
60 Mins	46,000 Rwf	53,000 Rwf
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30 Mins	35,000 Rwf	42,000 Rwf

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TANDEM MASSAGE Float away as your tension is eased by two therapists working on your body using synchronized movements	60 Mins	64,000 Rwf	71,000 Rwf
HOT STONE THERAPY Healing massage with the aid of heated volcanic stones.	90 Mins 60 Mins	60,500 Rwf 45,000 Rwf	67,500 Rwf 52,000 Rwf
AROMATHERAPY MASSAGE Therapeutic massage with use of essential oils to suit your mood.	90 Mins 60 Mins 30 Mins	57,500 Rwf 43,000 Rwf 32,500 Rwf	64,500Rwf 50,000 Rwf 39,500 Rwf
SWEDISH MASSAGE Simply relaxing.	90 Mins 60 Mins 30 Mins	54,500 Rwf 38,000 Rwf 26,000 Rwf	61,500 Rwf 45,000 Rwf 43,000 Rwf
DEEP TISSUE MASSAGE Work on specific muscle groups. A wonderful relief for stress related tension. FACE AND SCALP MASSAGE Works on the muscular tissues of the face and scalp effectively releasing tension.	90 Mins 60 Mins 30 Mins 30 Mins	57,500 Rwf 43,000 Rwf 32,500 Rwf 26,000 Rwf	64,500 Rwf 50,000 Rwf 39,500 Rwf 33,000 Rwf
INDIAN HEAD AND SHOULDER MASSAGE This ancient Ayurveda therapy treats the head, neck and shoulders.	30 Mins	26,000 Rwf	33,000 Rwf
BACK OF LEGS, BACK, NECK AND SHOULDER MASSAGE A quick fix to alleviate stress, tension and tiredness.	45 Mins	36,500 Rwf	43,500 Rwf
FOOT PRESSURE MASSAGE Eases tired aching feet.	30 Mins	26,000 Rwf	33,000 Rwf
REFLEXOLOGY Pressure points on the feet are stimulated to release blocked energy from corresponding areas in your body to give an overall feeling of well being.	45 Mins 60 Mins	30,000 Rwf 36,000 Rwf	37,000 Rwf 43,000 Rwf

PREGNANCY MASSAGE ADAPTED TO EACH STAGE OF PREGNANCY MOTHER-TO-BE MASSAGE 75 Mins 49 000 Rwf 56,000 Rwf This inspirational therapy connects mother and baby through the power of touch. The nurturing massage specially designed for mother to be releases tension in your lower and upper back, alleviates swelling on hands and feet promoting relaxation whilst uplifting your spirit. FACE ELEMIS ADVANCED ANTI-AGEING FACIALS These superior face treatments are further enhanced by luxurious hand, arm and scalp massage sequences for the ultimate in scientific skin therapy. 88,000 Rwf 95,000 Rwf PRO-INTENSE LIFT EFFECT FACIAL 60 Mins Super lifting facial targeting sagging jowls, cheeks and chin, whilst helping to reduce puffiness and fluid retention associated with sagging skin along the jawline. The facial contours instantly appear shaped, lifted and firmed. PRO-COLLAGEN QUARTZ LIFT FACIAL 75 Mins 88.000 Rwf 95,000 Rwf This anti-wrinkle slows down the visible signs of ageing, leaving the skin firmer, uplifted, more youthful looking appearance.

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TRI-ENZYME RESURFACING FACIAL Targeting fine line, wrinkles, acne, superficial scarring and uneven skin bringing a renewed level of evenness and clarity to the complexion	75 Mins	88,000 Rwf	95,000 Rwf
VISIBLE BRILLIANCE FACIAL Instantly firms, rejuvenates and plumps up the skin, whilst helping reduce dark circles around the eyes.	75 Mins	70,000 Rwf	77,000 Rwf
ELEMIS ADVANCED PERFORMANCE FACIALS			
OXYGEN SKIN CALM FACIAL Immediate comfort to stressed and irritated skin.	75 Mins	63,000 Rwf	70,000 Rwf
S.0.S PURIFYING FACIAL A purifying treatment that helps to regulate and re-balance the skin leaving a beautiful matt complexion.	75 Mins	63,000 Rwf	70,000 Rwf
MODERN SKIN FACIAL Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment rebalances and renews your skin.	60 Mins	61,500 Rwf	68,500 Rwf
ELEMIS SKIN SPECIFIC FACIALS.			
FRUIT ACTIVE GLOW Brings back the glow to a lifeless complexion.	60 Mins	46,000 Rwf	53,000 Rwf
EXOTIC MOISTURE DEW Treat your skin to a moisture boost.	60 Mins	46,000 Rwf	53,000 Rwf
HERBAL LAVENDER REPAIR FACIAL Reduces unwanted shine, refine pores and treat skin breakouts.	60 Mins	46,000 Rwf	53,000 Rwf
TESTER FACIALS An introductory facial that provides a quick pick-me-up for any occasion.	30 Mins	35,000 Rwf	42,000 Rwf

ELEMIS SPA RITUALS ABSOLUTE SPARITUAL The ultimate skin and body therapy for maximum results. Two hours of pure bliss! Facial combined with the powerful effects of the Elemis Deep Tissue Muscle Massage. 120 Mins 115,500 Rwf With Advanced Anti-Ageing Facial 122,500 Rwf 104,500 Rwf 120 Mins 111,500 Rwf With Advanced Performance Facial ELEMIS FACE AND BODY SENSATIONS 60 Mins 67,000 Rwf 74,000 Rwf Experience this treatment duo, a sensational massage combined with a prescribed booster anti-ageing facial. Choose either: - Pro-Collagen quartz lift facial - Visible Erilliance facial - Tri- Enzyme resurfacing facial - Skin IO facial - Pro-Intense lift effect facial - Modern Skin facial

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JUST FOR MEN			
URBAN CLEANSE FACIAL Deep cleanse and complete skin detox leaving the skin clear and squeaky clean.	75 Mins	63,000 Rwf	70,000 Rwf
SKIN IQ FACIAL Ideal for stressed, dehydrated skin.	75 Mins	63,000 Rwf	70,000 Rwf
TOTAL TIME OUT The Ultimate indulgence! Select either the Anti-Ageing Elemis Skin IQ or the Urban Cleanse Facial combined with the Elemis deep Tissue Muscle Massage.	120 Mins	104,500 Rwf	111,500 Rwf
DETOX THERAPY			
ELEMIS BODY SCULPTING CELLULITE AND COLON THERAPY A body mask combined with specialist drainage massage techniques on the hips and thighs to help smooth the appearance of cellulite boost circulation and reduce fluid retention. In addition, cleansing of the colon through abdominal massage to detoxify the body.	60 Mins	69,000 Rwf	76,000 Rwf
CELLUTOX AROMA OCEAN SPA WRAP A detoxifying blend to decongest and stimulate the system	75 Mins	46,000 Rwf	53,000 Rwf
MUSCLEASE AROMA OCEAN SPA WRAP Powerful seaweed that helps complete muscle relaxation by easing aching and tense muscles,	75 Mins	46,000 Rwf	46,000 Rwf

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EXOTICS			
EXOTIC LIME AND GINGER SALT GLO An exfoliation ritual to invigorate and revitalize the body.	30 Mins	38,000 Rwf	45,000 Rwf
EXOTIC COCONUT RUB AND MILK RITUAL WRAP Pure sensuality to enliven the senses - an opulent exotic therapy that leaves the skin smooth and softened.	45 Mins	46,000 Rwf	53,000 Rwf
EXOTIC FRANGIPANI BODY NOURISH WRAP Provides ultimate radiance, vitality and all over body glow.	45 Mins	46,000 Rwf	53,000 Rwf
MAISHA COFFEE SCRUB An uplifting body exfoliation.	30 Mins	26,000 Rwf	33,000 Rwf
BODY WRAP Using freshly prepared natural ingredients.	45 Mins	43,000 Rwf	50,000 Rwf
MAISHA INDULGENCE Body scrub, body wrap and aromatherapy massage.	120 Mins	84,000 Rwf	91,000 Rwf
CHOCOLATE SCRUB An exfoliation to slough away dead skin cells and reveal young, glowing skin beneath.	30 Mins	33,000 Rwf	40,000 Rwf
CHOCOLATE WRAP The body wrap will moisturize the skin and boost circulation – chocolate lovers dream!	45 Mins	50,000 Rwf	57,000 Rwf
CHOCOLATE BODY THERAPY Experience a luxurious chocolate decadence for the body; body scrub, wrap and Aromatherapy massage	120 Mins	94,500 Rwf	101,500 Rwf

32.500 Rwf 37,500 Rwf BACK CLEANSING TREATMENT 30 Mins The back a hard to reach area finally gets the attention it deserves! 21.000 Rwf ELEMIS LUXURY BATH A butler drawn aroma bath in the comfort of your own bedroom (Exclusively for hotel guests) **GROOMING** 10.000 Rwf **Evebrow Shaping** 17,000 Rwf 14,000 Rwf 21,000 Rwf Eyelash and Eyebrow Tinting 10.000 Rwf Upper Lip and Chin Waxing/ Threading 17,000 Rwf 14,000 Rwf 21,000 Rwf Face Waxing or Threading 25,000 Rwf 32,000 Rwf Full Leg Waxing 18,000 Rwf 25,000 Rwf Half Leg Waxing **Arm Waxing** 21,000 Rwf 28,000 Rwf



Underarm Waxing

Bikini Line Waxing

Chest or Back Waxing



All prices are in Rwanda Francs and are inclusive of applicable Government Taxes, Service Charge and Training Levy.

For booking, please contact the Maisha Spa Reception or call Telephone No. (250) 788 184 500 (250) 0252 597 100 Ext. 631 from your room.



21,000 Rwf

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32,000 Rwf

14,000 Rwf

14.000 Rwf

25,000 Rwf