

A row of wicker lounge chairs in a spa setting. Each chair is draped with a brown towel and has a stack of magazines on it. The background is a warm, blurred interior with soft lighting and shadows from windows.

PRECISE
SPA & WELLNESS

*A sense of
well-being*

Allow yourself to be pampered from head to toe with spa and beauty rituals for body, mind and soul. With our unique spa treatments, you will discover a sense of well-being that lasts long after you leave.

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Beauty

The treatments include cleansing, peeling, eyebrow shaping, active ampoule, mask, massage and final care for the face, neck and décolleté.

MEN POWER

The treatment tailored to the man's skin provides for an immediate effect.

60 min | 74,00 Euro

BEAUTY DELUXE

Including colouring of eye lashes/eye brows. While the active ingredients of the face mask unfold, we will scrub and massage your hands.

100 min | 114,00 Euro

BEAUTY EXCLUSIVE

This cosmetic treatment counteracts the formation of wrinkles, intervenes positively in collagen formation and makes the house look radiant and streamlined.

80 min | 96,00 Euro

BEAUTY CLASSIC

Revitalizes stressed and tired skin.

70 min | 80,00 Euro

COLOURING EYEBROWS

15 min | 7,00 Euro

COLOURING EYELASHES

15 min | 12,00 Euro

Body Treatments

FRUITY MANGO-SALT-PEELING

20 min | 34,00 Euro

SEAWEED-SEA SALT-PEELING

20 min | 34,00 Euro

APRICOT KERNEL PEELING

20 min | 34,00 Euro

RÜGENER HEALING CHALK TREATMENT

20 min | 39,00 Euro

SEAWEED TREATMENT

20 min | 39,00 Euro

SEA BUCHTHORNE CREAM TREATMENT

20 min | 38,00 Euro

Classic Massages

Bookable from age 14

BACK MASSAGE

20 min | 46,00 Euro

FULL BODY MASSAGE

50 min | 79,00 Euro

FOOT REFLEXOLOGY MASSAGE

20 min | 45,00 Euro

FOOT REFLEXOLOGY AND BACK MASSAGE

50 min | 76,00 Euro

HEAD AND FACE MASSAGE

20 min | 39,00 Euro

Exclusive Massages

HOT STONE WITH HOT LAVA STONES	70 min 96,00 Euro
LOMI LOMI NUI INCLUDING FACIAL MASSAGE with warm coconut oil	80 min 106,00 Euro
ABHYANGA INCLUDING FACIAL MASSAGE with sesame oil	80 min 112,00 Euro
STAMP MASSAGE for the back	40 min 62,00 Euro
NUNA VUT POLAR MASSAGING also called Canadian trigger point massage	25 min 52,00 Euro

Manicure & Pediküre

CLASSIC MANICURE	30 min 35,00 Euro
COSMETIC PEDICURE	45 min 45,00 Euro
NAIL POLISH	9,00 Euro

*no treatments for foot or nail diseases possible

Specials

RÜGEN-FEELING

Rügen healing chalk pack and back massage with sea buckthorn oil.
(Suitable as couple treatment)

60 min | 82,00 Euro per person

EXOTIC DREAMS

Cream pack and Full body massage with cold-pressed rice germ oil and mango-scented body oil.
(Suitable as couple treatment)

80 min | 96,00 Euro per person

FULL SEA BUCKTHORN

Sea buckthorn salt scrub, sea buckthorn cream pack and back massage with sea buckthorn oil.
(Suitable as couple treatment)

60 min | 102,00 Euro per person

Wellness for Children

SWEET CHILDREN'S MASSAGE

Back massage with aroma oil and sweet treats

15 min | 25,00 Euro

FINGER SPELL

small manicure with nail polish

15 min | 18,00 Euro

TEEN FEEL-GOOD PROGRAM

Bookable from age 10

Cleansing, peeling, mask and final care for the face.

45 min | 55,00 Euro

PIT STOP FOR FATHER AND SON

Head and back massage

20 min | 60,00 Euro

GIRLS' ROUND FOR MOTHER AND DAUGHTER

Mask and massage for the face and a small manicure on request with nail polish

50 min | 79,00 Euro

FOOT MASSAGE

15 min | 18,00 Euro

AROMACREMEPACKUNG

relaxing body wrap with fruity aroma

15 min | 27,00 Euro

Opening hours

POOL AND FITNESS AREA

8 a.m. to 10 p.m.

OUTDOOR POOL

8 a.m. to 10 p.m. (seasonal)

WELLNESS APPOINTMENTS

9 a.m. to 7 p.m.

Please note special opening hours.

SAUNA OPERATION

8 a.m. to 9 p.m.

Spa & Wellness Info

GYM

Our gym is located in the basement of the adventure world SPLASH. We kindly ask you to enter this area with sport shoes.

POOL AND SAUNA AREA

In our adventure world SPLASH you have a Finnish sauna (90–100°C), a steam sauna (42°C), a medial sauna (60°C) and two log cabin saunas in the outdoor area (80–90°C/90–100°C) to disposal.

The sauna garden also has a plunge pool.

RESERVATIONS

We recommend to book treatments early due to a very high demand, especially on weekends. You can call us at +49 (0)38302 / 97770.

We kindly ask you to arrive at the spa reception about 10 minutes before your booked appointment. If you are late, we reserve the right to adjust the treatment time according to the booking situation and to charge you the entire amount.

All treatments include the rest periods.

APPOINTMENT CANCELLATION

If you are unable to attend your booked appointment, we kindly ask you to let us know your new desired date or your cancellation no later than 24 hours before the treatment. For all cancellations at a later time, we charge a fee of 50% of the treatment price.

FEEL-GOOD TIPS

For expectant mothers and guests with high blood pressure, cardiovascular problems, diabetes or other medical conditions, we recommend to consult a doctor before a spa treatment or using the spa and wellness facilities as well as to inform the therapist at the time of your reservation.

We would kindly point out that the consumption of brought food and drinks in our Spa & Wellness is not allowed. You are welcome to choose from our bistro's snack and drinks menu.





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