### **SPA OPENING HOURS**

- Daily 09:00 21:00
- Hotlline: 0888 865 900 0888 847 756
- Email: spa.reception@wyndhamgardencamranh.com

# **SPA RESERVATIONS**

• For spa enquiries or reservations, please call Spa reception for more detail, advance bookings are recommended to secure your preferred treatment time.

# CONSULTATION

• Personal consultations are offered to determine your needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

# **BEFORE TREATMENT**

- Please do not bring jewelry, personal belongings into the spa area.
- Men should shave before facial treatments for best results.

# **PRIOR TO ARIVAL**

 Please arrive 30 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatments.

# **DURING YOUR TREATMENT**

- In consideration of other guests, smoking and active mobile phones are not permitted.
- Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice do not to disturb other guests.

# **CHANGING SCHEDULE**

- In respect to other guest's reservation, please be aware that we might not able to extend your treatment time in case of late arrivals.
- If you could not come within 30 minutes after your reservation time, your booking will be cancelled. We will assist you to arrange a new appointment.

# CHILDREN

- We recommend that you avoid bringing children younger than 8 years old to the Spa.
- Young guests 12 to 15 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.

# PREGNANCY

• Please inform us if you are pregnant so that our spa consultants can guide you in choosing treatments suitable for this special time.





Lot D14b Nguyen Tat Thanh street, Cam Hai Dong commune, Cam Lam district, Khanh Hoa province, Vietnam +84 (0) 2583 996 888



# **JASMINE SIGNATURE TREATMENT**

# AROMA RELAXING MASSAGE 60' | 990.000 with AROMATHERAPY

This treatment stimulates to increase the body natural circulation and release tension. It also restores the balance of energy flow allowing the body and mind to completely relax and enhance sleep quality.

# VIETNAMESE TRADITIONAL 60 MASSAGE

60' | 1.100.000

Developed specifically to prevent and relieve sore and stiff back muscles, combined with the traditional cupping massage performing quick techniques and movement will help to release toxin and improve circulation, recover the body energy.

# GARDEN OF DEEP CALM HOTSTONE

60' | 1.100.000

The treatment encourage to restore your body, mind & spirit with the comforting essential oil which melts tension away and cultivates your inner peace. This treatment will help to detox and promote relaxation of the muscles and joints to ease both pain and spasms - an effective method for stress relief.

# **DE-STRESS MASSAGE**

60' | 990.000

60' | 790.000

A method to relieve stiffness and soreness from back, shoulder, neck to legs. The relaxing aromatic oil combined with deep and gentle kneading help to break down knots and improve flexibility, enhance detoxification and relaxation of the whole system to bring lightness back to your body. Massage can focus to relieve a specific muscular tension.

# FOOT REFLEXOLOGY

Using special acupressure technique to alleviate both foot pain and ailment in other part of the body. The treatment starts with soaking, that warm up and stimulates blood circulation. The acupressure using Tiger Balm liniment, gently massage the reflex points with the aim to ease the pain and give lightness back to the foot.

# ADD - ON ANY OR ALL OF THE ENHANCERS BELOW:

- 30' Hands massage to give a sense **590.000** of well-being, reduce hand pain
- 30' Head massage to release tension, **590.000** ease migraine and headache
- 30' Back & neck massage to reduce 590.000 backpain and give lightness shoulder

# **FACIAL BEAUTY**

Over time, the skin changes and ages. Your facial skin care journey starts with maintaining beautiful healthy skin with quality skin care packages, extracted from nature at Jasmine Spa.

#### YOUTH ANTI-AGING FACIAL

Indulge your skin with an exotic blend of luscious treasures from the earth. Enjoy the most advanced defense against aging while this opulent treatment lavishes your skin to improve its elasticity, skin oxygenation and suppleness; accelerate cell renewal and visibly reduces fine lines and wrinkles.

# **HYDRATION FACIAL**

Recommended for severely dehydrated skin with nourishing active nutrients to renew and repair skin cells, leaving it refreshed and revitalized. This aromatic facial therapy is gently formulated for all skin types with fruits and plants extracts to nourish the skin, balance oil secretion and improve overall complexion.

# SUN SOOTHING SKINCARE

60' | 1.200.000

60' | 1.200.000

60' | 1.100.000

60' | 1.100.000

Remedies for sunburns sensitive skin with soothing plant extracts. This treatment is a natural anti-inflammatory and soothes the skin post-sun exposure; pick-me-up to make your skin calms, hydrate and refreshing.

# VITALITY FOR MEN

Specially formulated for men's skin, this treatment helps to control excess oil with calming and freshens effect. The specifically developed ingredients are adapted to the needs of men's skin type and active lifestyle; while the comforting massage will bring you to the state of profound relaxation.

# **BODY EXFOLIATION**

# **RED RICE SCRUB**

#### 45' | 790.000

Reveal the body's hidden glow with ingredients known to purify and refine the skin such as: red rice removes dullness and brightens while fresh milk and body lotion provide deep nourishment.

#### **PINK SALT SCRUB**

45' | 790.000

Million years ago, pristine seawater was crystallized and covered by lava, protecting it from modern-day pollution. Containing 80 minerals, pink salt delivers its pure nutrients to smoothing skin, reduce inflammation, replenish tired and dry skin.

# **THE SPA PACKAGE**

# THE RELAXATION

105' | 1.700.000

Combination of Body Exfoliation and Body Treatment. A delightful blend of our most sought-after signature treatments to elevate your senses, featuring aroma massage to alleviate stress combine with skin natural nutrients to hydrate and replenish the skin.

# THE RECOVERY

#### 120' | 2.100.000

Combination of Facial Beauty and Body Treatment Only a few well trained therapies are selected that can perform this complex combination treatment. Body massage using sustain pressure of the hands to reduce muscle tensions and aches; while facial treatment require a delicate and skillful hands to pamper and lavish your sensitive skin.

# THE REJUVENATION

#### 150' 2.590.000

Ultimate Combination of 2 or 3 treatments of your choice. Experience something a little different with this collection of therapies designed for memory-making. At the Jasmine Spa, we extend the opportunity for you to design your very own package that suit your need. Select two or even three of our therapeutic remedies and let us know your expectation. A perfect way to spend the day.