

The background is a solid green color with a subtle, repeating wavy pattern. A large, white, stylized letter 'A' is positioned on the right side of the image, extending from the top to the bottom. The letter has a modern, geometric feel with sharp angles and a slight curve at the base.

ACQUAPURA SPA ESSENTIALS



Strength. Vitality. Balance.

The beautiful Carinthian Nassfeld is the ideal starting point for sports, regeneration and relaxation – activity in harmony with nature. The mountains, forests, lakes, rivers and streams revitalise and inspire the body, mind and soul to achieve balance and joie de vivre.

Everything flows harmoniously together and reflects the uniqueness of the area. A calm, carefree feeling and natural charm characterize our Acquapura SPA and enable a unique wellness experience for all senses.

The variety and exclusivity of individually tailored treatments both offer a balance to sport and activity and guarantee unadulterated relaxation and tranquility.

Welcome Home!



A

ACQUAPURA SPA

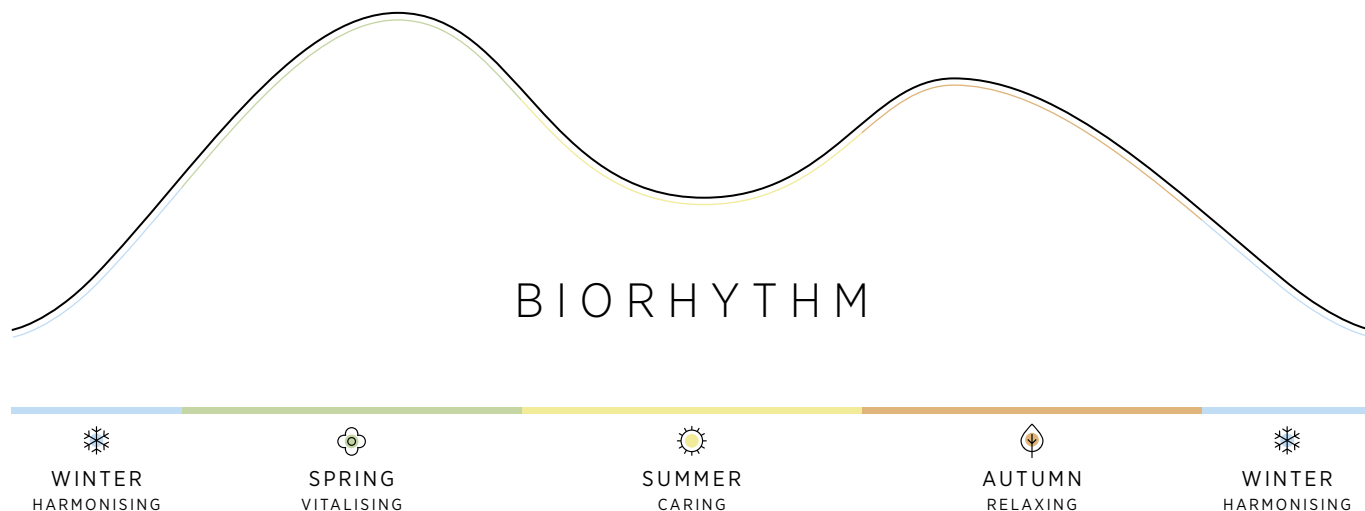
“Acqua pura” means “pure water” and is the essence of the spa worlds in the Falkensteiner Hotels & Residences. Water revitalizes, relaxes and promotes physical well-being - it is not without reason that it is considered the elixir of life. From a spiritual point of view, water is assigned to the second energy center, where creativity, wishes and dreams are anchored. It strengthens the ability to get involved with things and to flow with them. If you connect unconditionally with the element water, this promotes the ability to better accept the unknown and to imagine the future in new ways.

Inspired by living in harmony with nature, everything flows together smoothly in the Acquapura SPA. Here, space is created for free thoughts and inner balance. A pure, holistic spa experience, which above all should create positive states of mind, relaxation, pleasure, joy, health and vitality. The Acquapura SPA is a place where you can rediscover your own center and simply surrender to the moment.





THE ACQUAPURA PRINCIPLE



Overwhelmed by the complexity of everyday life, many people have partially forgotten to live in harmony with nature and themselves. The Acquapura principle is therefore geared towards personal balance and the natural biorhythm of life. These distinct, rhythmic phases reflect the course of the day and mirror the seasons.

All Acquapura SPA Treatments & Rituals are based exclusively on natural products, combat personal imbalance, and are tailored to individual needs. Energising and vitalising, nourishing and calming, relaxing, balancing and harmonising, or clear and pure.



A black and white photograph of a rock face. The rock has a rough, textured surface with various cracks and crevices. A prominent vertical crack runs down the center of the image. There are also several horizontal lines or layers visible, suggesting sedimentary or metamorphic structures. The lighting creates strong shadows, emphasizing the ruggedness of the rock.

MASSAGES





CLASSIC MASSAGE

PINO aromatic oil of your choice | Tailored to your wellbeing | Also suitable for athletes

Full-body massage

€65 50 MIN

Partial-body massage

€35 25 MIN



AROMA CANDLE MASSAGE

PINO aromatherapy candle of your choice | Tailored to your wellbeing | Pleasantly nourishing

Full-body massage

€68 50 MIN

Partial-body massage

€38 25 MIN



LYMPHDRAINAGE EVERYTHING IN FLOW

Activation of the lymph flow | Gentle massage techniques | Promotes deep relaxation | Reduces swelling

€65 50 MIN

€35 25 MIN



PAUSE FOR REFLECTION

Back and neck massage | Loosens and relaxes | + Head & face massage | Warm neck pack with 50-minute massage

€65 50 MIN

€35 25 MIN



SIGNATURE FLOW FASCIA MASSAGE

Mobility check | Tension relief | Increased flexibility

€89 60 MIN



VITALISING



CARING



RELAXING



HARMONISING

An aerial photograph of a dense forest, showing a mix of light green and dark green foliage. The trees are packed closely together, creating a textured canopy. The lighting suggests a sunny day, with some areas appearing brighter than others.

FACE

PHYTOMER



"MALE PRESERVE" PEAU NEUVE AU MASCULIN

Includes neck massage |
Custom high-tech care with
marine active ingredients |
Supplies oxygen, moisturises,
and combats skin ageing

€83 60 MIN



PERFECT REGARD INTENSIVE EYE CARE

Firming care for radiant eyes
& expressions | Smooths out
laughter lines and wrinkles

€50 40 MIN

CAN BE BOOKED
WITH ANY
FACIAL
TREATMENT

RELAX DOS
Self-heating sea mud |
50% more effect

€25 15 MIN

PERFECT REGARD
Intensive eye care

€19 10 MIN



CITADINE

Combats urban pollution |
Clarifies, detoxifies and
oxygenates the skin

€83 65 MIN



INTENTION JEUNESSE

Wrinkle correction and lifting |
"Instant effect" thanks to
multi-exfoliation | Marine
active ingredients

€123 90 MIN



HYDRA ORIGINAL

Plumping moisturising treat-
ment | Organic algae | Filling &
nourishing for more radiance

€79 65 MIN



VITALISING




CARING



RELAXING



HARMONISING



FACE

HIGHTECH NATURAL COSMETICS
TEAM D^R JOSEPH
SÜDTIROL



EXPRESS POWER LIFT SCULPTING

Natural high-tech power for
vibrant and sleek radiance |
Powerful | Natural | Effective

€64 50 MIN



DEEP-ACTING BEAUTY TREATMENT

Exfoliating | Deep-acting with
cupping glasses | Facial massage
| Instant effect | Regenerative |
Healthy and intensive
nourishment

€83 65 MIN



HARMONISING TIME OUT FOR PAMPERING

Natural active ingredients |
Individually nourishing | Pure |
Delicate | Radiant and clear

€79 65 MIN



BLOOMING RADIANCE

Natural lifting | Bioenergetic
massage | Ritual for all senses |
High-tech from nature |
Lasting radiance

€123 90 MIN



RELAXING



HARMONISING



VITALISING



CARING



BODY

PHYTOMER



SCULPT ZONE

Slimming ritual for stomach, legs and buttocks and stubborn cellulite | Gentle marine exfoliation | Warming, contouring wrap

€79 60 MIN



VOILE DE SATIN

Relaxing full-body exfoliation | Sea salt crystals | Massage for skin remineralisation and hydration

€50 40 MIN



P5 SOIN MINCEUR

Moulding, contouring massage | Slimming lotion to reduce curves | Slimming pack with algae jam

€79 60 MIN



JAMBES LÉGÈRES

Cooling leg & vein treatment | Relaxation & relief | Marine exfoliation for good blood circulation | Strengthens and beautifies tired legs

€45 35 MIN



VITALISING



CARING



RELAXING



HARMONISING



BODY

HIGHTECH NATURAL COSMETICS
TEAM D^R JOSEPH
SÜDTIROL



FULL BODY SCRUB WITH HAY EXTRACT

Full-body exfoliation with
apricot kernels and hay
extracts | Promotes blood
circulation | Clear and radiant
complexion

€ 44 30 MIN



SKIN REPAIR HAPPY AGING BODY WRAP

Regeneration and care | Cell
renewal through the power of
grapes and sea buckthorn

€ 48 30 MIN



RELAXING



HARMONISING



VITALISING



CARING



PHYTOMER



ENVIRONMENTALLY FRIENDLY BIOTECHNOLOGY FROM THE SEA

For more than 40 years, research and development teams have been working on powerful marine ingredients, developing the cosmetics of tomorrow. The assets of the sea are combined with unique biotechnology. PHYTOMER decodes the power of natural active substances from the sea and uses micro-organisms to develop modern and innovative ingredients. This new high-tech biochemistry is effective and harnesses nature's potential without harming it.



HIGHTECH NATURAL COSMETICS

TEAM D^R JOSEPH

SÜDTIROL

HIGH-TECH, ORGANIC, NATURAL
COSMETICS FROM SOUTH TYROL

TEAM DR JOSEPH was founded in 1986 and is the expression of a profound fascination with the ingenuity of plants and their active ingredients. Here, a combination of herbal ingredients, cutting edge technology and an understanding for the complexity of the human body are united. Team Dr Joseph harnesses the abundance of nature, carefully processes deep-acting combinations of active ingredients from the plant world, and thus follows a holistic approach towards nourishing skin care and lasting skin health.



BEAUTY





CLASSIC MANICURE

Shapes nails |
Treats cuticles |
Hand care with massage

€50 45 MIN

with Alessandro polish

€61 60 MIN

with Alessandro Prolaq/Striplac

€65 60 MIN



CLASSIC PEDICURE

Removes pressure marks |
Shapes nails |
Gentle foot massage

€60 50 MIN

with Alessandro polish

€71 65 MIN

with Alessandro Prolaq/Striplac

€75 65 MIN

CAN BE BOOKED WITH ANY FACIAL TREATMENT

Eyebrow shaping
(included with every
facial treatment)

Eyebrow tinting

€15 10 MIN

Eyelash tinting

€15 10 MIN



BEAUTY EXPRESS

Cleansing and exfoliating |
Moisturising | Care products
selected based on specific
skin type

€58 40 MIN



PRIVATE SPA BATH

Romantic wellness bath with
a seasonal fragrance | Private
SPA area | Exclusive experience

€85 90 MIN



VITALISING



CARING



RELAXING



HARMONISING

SPA ETIQUETTE





Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the spa desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



Store jewellery and valuables in your room safe ideally.



Give the gift of time to your loved ones with vouchers for our SPA.



