



# VIE SPA

## TREATMENT MENU

PULLMAN MAGENTA SHORES RESORT



# VIE SPA

## WELCOME TO VIE SPA

Welcome to Vie Spa, your sanctuary of serenity and rejuvenation. Step into a world where your wellbeing takes centre stage, where every moment is dedicated to harmonizing your inner self and celebrating the beauty of life. As you step into our retreat, a serene wave of tranquility will embrace you, setting the tone for a transformative experience. Drawing inspiration from the unspoiled, natural magnificence of the Darkinjung Aboriginal land, between lake and ocean, we take pride in providing you with personalized treatments from iKOU and Pevonia, carefully curated to deliver the best possible results. Our spa suites, relaxation areas, and lush surroundings all contribute to the overall experience, enhancing your journey to total rejuvenation. Escape to Vie Spa and leave feeling restored, invigorated, and inspired.



## ORGANIC AUSTRALIAN-MADE LUXURY

Award winning iKOU is based in the World Heritage listed Blue Mountains, Australia and creates spa rituals inspired by nature, with sensory details of global spa culture infused into every experience.

Their luxury formulations and ingredients are based on organic and wild-harvested Australian fruit and flower extracts and deliver visible results to the skin, mind and body.

## NATURAL INGREDIENTS, PROFESSIONAL RESULTS

Pevonia green skincare products and in-spa treatments unite the finest natural botanical and marine ingredients with advanced technology and delivery systems to ensure the products reach the deepest layers of the skin for maximum absorbency and truly phenomenal results.





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## DAY PACKAGE

### MAGENTA INDULGENCE RITUAL

3hrs 30mins

\$500

Embark on a journey of pure bliss with our half-day spa package, designed to immerse you in a world of unparalleled relaxation and rejuvenation. Allow your body to bask in the healing benefits of deep relaxation and complete hydration as you celebrate the joy and happiness that wellness can bring. This treatment will leave you feeling refreshed and revitalized from head to toe.

We recommend planning extra time to use the sauna and swimming pool before or after your treatment. Locker, robe, slippers, and towels will be provided.

Full Body Coconut & Jasmine Scrub and Hydrating White Flannel Flower Body Cocoon

Full Body Vie Signature Massage & Soothing Cucumber Foot Treatment

White Flannel Flower Facial with Boosters and Gua Sha Facial Massage

Warming Bergamot Scalp Massage and Cocoon

Full Body White Flannel Flower Souffle Application

Platter of Local Cheeses, Fruit Plate, and a Glass of Prosecco

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## VIE SPA SIGNATURE RITUALS

### DE-STRESS BODY & MIND BALANCE

2hrs

\$290

Relax and de-stress the mind, balance the body, and restore hydration in this soothing head to toe rejuvenation ritual. Focusing on mood lifting benefits using essential oils to promote a feeling of positivity and wellbeing, this calming treatment will leave you feeling relaxed and hydrated.

Italian Orange & Australian Jojoba Body Scrub  
De-Stress Aromatherapy Massage  
Pure Results Calming Facial & Scalp Massage  
Soothing Cucumber Foot Treatment

### WHITE FLANNEL FLOWER SANCTUARY RITUAL

1hr 40mins

\$250

Inspired by the beauty of the Australian White Flannel Flower, this relaxing ritual is a complete head-to-toe degustation of iKOU treatments. Exotic ingredients restore a radiant all-over glow. From head to toe, unwind... breathe... relax.

Organic Coconut & Jasmine Full Body Polish  
Australian White Flannel Floral Hydrating Full Body Cocoon  
Organic Radiance Facial  
Full Body White Flannel Flower Souffle & Soothing Cucumber foot Treatment

### MINDFUL WELLNESS

1hr 30mins

\$220

A sense of renewal and wellness for skin and mind. This journey begins with a mindful moment as you set the intention for your experience by intuitively choosing from our aromatherapy oil blends to customise your massage to you. Your skin will then receive the quenching, vitamin boosting benefits of a deep cell hydration facial which focuses on cleansing, exfoliation, serums and mask with tension releasing facial massage. A classic combination of massage and facial.

Full Body Aromatherapy Massage  
Organic Hydrating Facial

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## VIE SPA SIGNATURE RITUALS

### RAINFOREST REVIVAL RITUAL

1hr 30mins

\$230

Breathe new life into your body and soul and enjoy a fresh start with this uplifting ritual. A sea salt scrub reveals radiant skin while preparing the body and relaxing the mind to fully enjoy the benefits of a full body massage that focuses on releasing tension and leaves you energised and walking on air.

Organic Lemon Myrtle Full Body Scrub  
Full Body Relaxation Massage  
Soothing Myrtle & Cucumber Foot Treatment

### HOLISTIC RECHARGE RITUAL

1hr 30mins

\$230

Choose your path to rejuvenation with this revitalizing treatment. Select your preferred scrub, unveiling radiant skin and preparing you for a relaxing back, neck, and shoulder massage. Continue the journey with an iKOU facial, and a comforting cucumber foot treatment, leaving you restored and walking on air. Embrace the freshness and renewal in this comprehensive ritual, celebrating wellbeing for both body and soul.

Back Exfoliation with choice of Scrub  
Relaxing Back, Neck and Shoulder Massage  
iKOU Facial with Scalp Massage  
Soothing Cucumber Foot Treatment

### MUM TO BE

2hrs

\$280

This package has been specially designed to help ease the aches and pains of pregnancy, leaving you feeling restored and glowing. Experience a personalized pregnancy massage, followed by a gentle pregnancy-safe organic facial while your feet receive a soothing treatment for heaviness and fluid retention. Suitable after 12 weeks.

Pregnancy Massage  
Organic Hydrating Facial  
Soothing Cucumber Foot Treatment

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## VIE COUPLES RETREAT

### COUPLES EMBRACE

2hrs

**\$550 per couple**

Re-connect with each other through soothing aromas in the Vie Spa couple's spa suite. This package starts with a dry body brush and foot scrub followed by a hot stone massage, hydrating body cocoon & foot mask, finishing with a warming scalp treatment. This package is designed to create an enchanting experience.

- Dry Body Brush
- Hot Stone Massage and Hydrating Body Cocoon
- Foot Scrub and Soothing Cucumber Foot Treatment
- Warming Scalp Massage and Cocoon

### SIGNATURE SPA & HIGH TEA

1hr

**\$210 per person\***

Enjoy your choice of a one hour relaxing spa treatment followed by a signature high tea session, best enjoyed with friends or loved ones. Dietary requirements can be catered for.

Choose ONE of the following treatments:

- Relaxation Massage
- Organic Radiance Facial
- Organic Body Scrub
- Foot Renewal Ritual

### PAMPER YOUR PALATE

**\$35 per person**

Enjoy an indulgent platter of local cheeses, crackers, tropical fruit and a glass of Prosecco, to be enjoyed before or after any treatment in our relaxing Zen garden.

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\*Minimum 2 guests per booking. Only available Fridays-Sundays. Advance bookings essential.



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## A MAN'S WORLD

### VIE SPA FOR MEN

2hrs

**\$285**

Our uplifting full body ritual designed with the man in mind, delivering muscle tension relief and ultimate relaxation from head-to-toe.

Organic Jojoba & Italian Orange Body Buff  
Organic Aromatherapy Full Body Massage  
Soothing Cucumber Foot Treatment  
Warming Scalp Cocoon

### MENS PERFORMANCE FACIAL

1hr

**\$170**

Skin is deeply cleansed and detoxified with natural plant exfoliants and extracts for superior deep-pore cleansing and skin smoothing benefits. This results-driven facial incorporates deeply penetrating organic oils, peptides and potent plant extracts including Tasmanian Mountain Pepper Berry, to stimulate collagen and elastin, lock in moisture, improve firmness and deliver advanced age-defying benefits.

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## **iKOU ORGANIC FACIALS**

### **WHITE FLANNEL FLOWER ANTI-AGEING FACIAL**

1hr 30mins

**\$210**

Radiant skin is revealed using an AHA & BHA Australian Desert Lime Face Polish. Australian plant, fruit and flower essences stimulate collagen and elastin production offering a powerhouse of antioxidants delivering age-defying results. This beautiful, detailed facial incorporates an acupressure facial and aromatherapy scalp massage, arm, foot, and lower leg massage with Australian White Flannel Flower to inspire a blissful experience.

### **WELLNESS PROBIOTIC BOOSTER FACIAL**

1hr 30mins

**\$210**

A complete holistic relaxation treatment that begins with a sacred grounding ritual and breathwork to help you find your zen. Using Eastern facial massage techniques with Gua Sha crystal stones and rollers to relax facial muscles and release tension giving a youthful smoothness to the skin. A selection of iKOU skin food boosters including coconut probiotics and green superfoods brighten the complexion leaving a luminous glow, a reflection of skin health. Hot and cold temperature therapy is incorporated to promote vascular circulation and product absorption offering healing, calming and rejuvenation benefits.

### **GREEN SUPERFOOD BOOSTER FACIAL**

1hr

**\$180**

Fresh skin is revealed with a natural AHA sugarcane and fruit enzyme peel. Illuminate the complexion and deliver a powerful active boost of cleansing, green superfoods. Quench thirsty skin with a moisture-locking hyaluronic infusion mask to hydrate skin for a clear, healthy balance.

\* Recommended for revitalising of dull, dehydrated, premature ageing, sun-damaged and acne prone skin or as a deep cleansing treatment for a skin boost.

### **REVIVER FACIAL**

30mins

**\$95**

An express facial customised for maximum benefit in minimal time. This facial is for all skin types to reveal a healthier more youthful, radiant complexion. Add on to any body treatment to extend your relaxation.

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## PEVONIA FACIALS

### HYDRA-CLOUD(TM)

1hr 30mins

\$220

Signature Hydra-Cloud(TM) Mask treatment facial features a highly concentrated, fragmented hyaluronic acid to deliver plumper, firmer, resilient and more supple skin. The micronized cotton blend is loaded with fast-acting repairing agents and negative ions that work quickly to repair, deeply hydrate, cool and firm. This super charged skin treatment is recommended for all skin types, including sensitive and menopausal and as a supportive treatment for rosacea-prone skin.

### INTENSIVE LUXE

1hr 30mins

\$210

Experience the transformative power of Pevonia's cutting-edge technology, delivering concentrated active ingredients deep within the skin for instant and cumulative benefits. This customized facial, featuring deep cleansing, enzymatic exfoliation, and an intensive custom ampoule application, rejuvenates the face, neck, and décolletage. A high-performance "lift off" mask seals in these actives, ensuring lasting results and healthy skin.

### TAILORED FACIAL

1hr

\$180

Rich healing ingredients will instantly leave your skin glowing. Includes skin analysis, deep cleansing with an enzymatic steam exfoliation, face massage and a soothing foot or hand massage. Personalised with a skin boosting ampoule and organic mask to target your skin concerns.

Vitaminic | Propolis | Collagen & Caviar | Elastin & Sorghum | Optimal Vitamin C

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## HIGH PERFORMANCE FACIALS

### LED THERAPY

40mins

\$120

LED therapy is a non-invasive skin rejuvenation treatment that provides preventative and corrective treatment by using the entire visible light spectrum. This is a proven treatment to counteract specific skin conditions and combat the effects of cellular ageing. LED therapy uses wavelengths of light to create the perfect environment for each skin cell to flourish. This treatment includes a facial cleanse, exfoliation and finishing products.

### ADD-ON LED THERAPY

20mins

\$65

Add on to any facial to get even better results for your skin concerns.

## FACIAL ENHANCERS

Enhance any facial treatment by adding a little something extra.

Gua Sha Upgrade for Facial Massage

\$15

Face Roller Upgrade for Lymphatic Drainage

\$15

iKOU Collagen Lip Plumping Booster

\$35

iKOU Skin Boosters:  
Hyaluronic Collagen Booster  
Probiotic Skin Booster  
Green Superfoods Booster

\$40

Blissful Eye Mask

\$45

Ultra-cooling Pevonia eye mask infused with Ginkgo Biloba & Vitamin C, helps drain excess fluid and brighten eye contour, alleviating dark circles.

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## AQUA

### VICHY RAIN SHOWER EXPERIENCE

30mins

\$95

Elevate your body scrub experience to new heights of indulgence and relaxation with our Vichy Shower. As you recline on our specialized wet table, let the symphony of perfectly tempered water jets massage your body, melting away muscle tension and effortlessly quieting the mind. This extraordinary treatment starts with a gentle dry body brushing and concludes with the application of a luxurious full-body moisturizer, leaving you feeling truly rejuvenated.

#### RECOMMENDED UPGRADE:

Add a Vichy Shower Experience to any Scrub treatment \$55 | 20mins

### AROMATHERAPY SPA BATH SOAK

30mins

\$80

Utilise the therapeutic benefits of Hydrotherapy and Aromatherapy as a blissful add-on before your treatment. Enjoy precious time to relax and unwind alone or with your partner within your private Spa suite. Must be booked in conjunction with a treatment.

### ORGANIC FULL BODY SPRAY TAN

20mins

\$40

Full body application with our organic tan to leave your skin with a healthy and natural glow.

#### RECOMMENDED UPGRADE:

Buy a course of five Organic Full Body Spray Tans \$180

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## BODY

### ORGANIC BODY SCRUBS

Polish away dull skin to reveal a radiant glow with instant results. Organic ingredients high in antioxidants with selected oils to promote cell renewal and long-lasting healthy skin results. The finishing application of a triple butter Organic Body Soufflé leaves the mind relaxed and skin rejuvenated. The perfect indulgence to enjoy before a massage.

#### ORGANIC ITALIAN ORANGE & AUSTRALIAN JOJOBA BODY BUFF

1hr

\$170

A fast results sugar scrub rich in hydrating Jojoba Oil for cell renewal and healthy skin. De-stresses and inspires happiness.

#### LEMON MYRTLE RENEWAL BODY SCRUB

1hr

\$170

A detoxifying, energising salt scrub with deep cleansing Lemon Myrtle for rejuvenation of balanced skin types.

#### ORGANIC COCONUT & JASMINE BODY POLISH

1hr

\$170

A gentle but effective Coconut & Jasmine Rice body polish for sensitive skin. Connects with inner joy and inspires a feeling of bliss.

### FULL BODY SCRUB AND MASSAGE

1hr 30mins

\$220

Your choice of iKOU full body polish, buff or scrub followed by a deeply relaxing full body massage.

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## BLISSFUL BODY ENHANCERS

Add any of the below on to your spa treatment to enhance your experience.

### DRY BODY BRUSH

10mins

\$25

### ORGANIC BODY SCRUB

30mins

\$95

### AROMATHERAPY BATH SOAK

30mins

\$80

### QUANDONG & BERGAMOT DEEP CONDITIONING HEATED SCALP COCOON

30mins

\$80

### REFRESH PEVONIA FACIAL

30mins

\$95

### RELAXATION MASSAGE

30mins

\$85

### MARINE MAGNESIUM TREATMENT

\$20

Add into your massage to de-stress, alleviate tension, relieve muscular pain and decrease aches, fatigue and discomfort.

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## MASSAGE THERAPIES

### RELAXATION

1hr

\$150

1hr 30mins

\$200

Our signature full-body aromatherapy massage combining rhythmic movements using light to medium pressure with your choice of an organic iKOU oil blend.

### MUSCULAR WELLBEING

1hr

\$160

1hr 30mins

\$210

Experience a medium to firm pressure massage that releases tension. Our organic, anti-inflammatory oils infused with soothing Australian Eucalyptus and Arnica bring effective results, leaving you with a relaxed and rejuvenated feeling.

### HOT STONE HEALING

1hr 30mins

\$220

Expertly guided hot basalt stones combined with aromatherapeutic oils, gentle pressure and fluid movements along your muscles. This combination of heat and pressure helps to ease muscle stiffness, improve circulation, and calm the mind.

### RAINFOREST FOOT MASSAGE

30mins

\$95

Ease tension and increase circulation with a eucalypt foot soak and scrub, specialty massage and a lemon scented tea tree cucumber mask.

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## BABY BALANCE

1hr

\$150

1hr 30mins

\$200

Experience a comforting pregnancy massage designed to relieve tension and provide gentle support for both your body and the beautiful journey of motherhood. Suitable after 12 weeks.

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## WAXING & TINTING

EYELASH TINT	\$25	HALF ARM	\$30
EYEBROW TINT	\$20	FULL ARM	\$40
LASH & BROW TINT	\$35	HALF LEG	\$50
EYEBROW WAX	\$25	FULL LEG	\$80
LIP	\$25	BIKINI	\$40
CHIN	\$25	G-STRING	\$50
UNDERARM	\$30		
MEN'S WAXING - CHEST, BACK OR ARM			\$50 each

## TIPS & TOES

### VIE HAND & FOOT INDULGENCE

1hr 30mins

\$210

The perfect duo. This combination of our deluxe manicure and pedicure will leave your hands and feet superbly hydrated and in wonderful condition.

### FOOT RENEWAL RITUAL

1hr

\$115

Our signature pedicure. Indulge in a warm foot soak, smoothing exfoliation, nail care, massage, and mask. Includes an OPI colour polish.

### HAND RENEWAL RITUAL

1hr

\$115

Our signature manicure. Replenish, repair and soften with exfoliation, massage, nail care and mask. Includes an OPI colour polish.

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## VIE SPA ETIQUETTE & INFORMATION

### ARRIVAL

Please arrive at least 15 minutes prior to your appointment to give yourself time to enjoy our relaxation lounge and complete your consultation form. Whilst we will always try to accommodate your treatments in full, we prefer to avoid your treatment being cut short due to your late arrival. Appointment confirmations are made by SMS or a phone call.

### DEPOSITS

Deposits are required to secure your booking. This deposit is non-refundable if you fail to keep your appointment time. This also applies to treatments where a gift voucher is used.

### CANCELLATIONS

We understand that sometimes you may need to change your schedule. We kindly ask you give us a minimum of 48 hours' notice to cancel or reschedule. Appointments cancelled within 48 hours will incur a 50% cancellation fee, or 100% on Sundays & Public Holidays.

### PRICES AND SERVICES

Appointments on Sundays and Public Holidays incur a 15% surcharge. All our Spa offerings and prices are subject to change without notice.

### VALUABLES

Locker facilities are provided, however we cannot accept responsibility for loss of valuables.

### GIFT VOUCHERS

If you are intending to redeem a Gift Voucher for your treatment, please ensure this is notified to us including quoting of the Gift Voucher unique identifier code at the time of booking. We are not responsible for any lost or unused vouchers. Advance bookings are strongly recommended and treatments remain subject to availability until your reservation is confirmed with Vie Spa.

### SERENITY

To maintain a serene and peaceful environment for all our valued guests, we kindly request that mobile phones and electronic devices be switched off before entering the Spa premises. We reserve the right to ask guests to step outside if phone usage is necessary. Your understanding and adherence to this policy are greatly appreciated.

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## VIE SPA ETIQUETTE & INFORMATION

### YOUNGER GUESTS

Guests under the age of 16 must be accompanied by a guardian. Treatments are subject to suitability and availability. Please discuss options with Spa Reception prior to booking.

### HEALTH

Our priority is your wellbeing. Please inform your therapist if you have any known medical condition that may affect your treatment, including if you may be pregnant.

### PREGNANCY

We have treatments designed especially for Mums-to-be and nursing Mums. Our Spa Reception team can take you through your options to select the most suitable treatments for you to enjoy. Most facials are suitable during the first 12 weeks of pregnancy. Pregnancy massage is suitable from 12 weeks on. Please notify Spa Reception at the time of booking.

### COUPLES

Enjoy a shared experience in one of our tranquil double suites. Any individual treatment can be tailored to give you time together while caring for your personal preferences.

### SPA CUISINE

Please talk to our Spa Reception if you have any dietary requirements or special requests. \*minimum 24 hours' notice required

### FACILITIES

We recommend planning extra time to use the sauna and swimming pool before or after your treatment. Locker, robe, slippers, and towels will be provided.

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## OPENING HOURS

**MONDAY**

Closed

**TUESDAY TO SATURDAY**

Open from 9.00am

**SUNDAY & PUBLIC HOLIDAYS**

Open from 10.00am

Advance bookings are strongly recommended.

Please call 02 4352 8121 or email [viespa.magentashores@accor.com](mailto:viespa.magentashores@accor.com) for enquiries or to book your treatment.

Visit [pullmanmagentashores.com.au/vie-spa](http://pullmanmagentashores.com.au/vie-spa) or find us on Facebook and Instagram for our seasonal, special occasion and group offerings.



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# VIE SPA



**BOOK ONLINE**

PULLMAN MAGENTA SHORES RESORT