



Join Sanctum founder, Luuk Melisse for a weekend of conscious movement sequences to help you reach mindful euphoria and increased connectedness with the Marbella Club's garden and sea surroundings as your backdrop.

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## **SATURDAY 7TH OCTOBER**

## SUNSET SPECIAL | The Law of Vibrations

6:30-7PM Walk-ins & Registration

7 - 8PM Session on the Beach Platform

Meeting point: Beach Club parking

## **SUNDAY 8TH OCTOBER**

## MINDFUL BEACH HIKE | Accepting Nature

9:30-10AM Walk-ins & Registration

10 - 11AM Beach Walk and Workout

Meeting point: Hotel entrance

Limited spaces available. Tickets include: live DJ sessions, healthy drinks and snacks.

55 € pp per session

To book: (+34) 952 82 22 11 wellness@marbellaclub.com