

FORESTA

JUGOS 16oz

\$195

SECRET DETOX 🌿

Manzana Verde, Jengibre, Limón Amarillo, Cúrcuma, Miel

SUN CARE 🌿

Betabel, Naranja, Zanahoria

PINK ENERGY 🌿

Fresa, Toronja, Sandía, Betabel

PROTEIN SHAKES 16oz \$290

LOW CALORIES HIGH PROTEIN 🌿

Leche de Almendras, Crema de Cacahuete, Plátano, Chia, Scoop de Proteína

TRIPLE BERRY 🌿

Leche de Coco, Fresa, Arándano Azul, Frambuesa, Nuez Pecana, Scoop de Proteína

KETO PROTEIN 🌿

Leche 2%, Yogurt Griego, Cocoa, Crema de Almendra, Aguacate

BOWL DE FRUTA DE TEMPORADA \$180

FRUTA \$60

Fruta Fresca por Pieza

SMOOTHIES 16oz

\$200

SWEET CACAO 🌿

Cacao, Plátano, Dátil, Leche de Almendra, Crema de Almendra

GREEN BOOSTER 🌿

Aguacate, Espinaca, Linaza, Agua de Coco, Coco Fresco, Espirulina

BERRIES 🌿

Mix de Berries, Yogurt Griego, Pasta de Almendra, Avena, Leche de Almendras

L'ELIXIR PUNCH 🌿

Mango, Fresa, Jugo de Naranja, Lavanda

TOSTADA DE AGUACATE 🌿 \$460

Aguacate, Tomate Seco, Calabazas, Semillas de Girasol, Ensalada

ENERGY BAR \$140

Pistache, Chocolate Oscuro, Avena, Arándanos 🌿

Manzana Deshidratada, Quínoa, Coco Deshidratado, Pepita de Calabaza

Pasas Negras, Pasas Amarillas, Almendras, Nuez de la India 🌿

COOKIES \$80

Avena, Manzana, Nuez 🌿

Chocochips Sin Gluten 🌿

Zanahoria, Almendras 🌿

CREA TU PROPIO JUGO 16oz

\$220

Frutas: Fresa, Frambuesa, Zarzamora, Papaya, Piña, Melón, Uva, Plátano, Mango, Manzana

Vegetales: Apio, Betabel, Perejil, Nopal, Zanahoria, Espinaca, Pepino, Jengibre

CREA TU PROPIO SMOOTHIE 16oz

\$240

Líquidos: Yogurt Griego, Leche de Almendras, Coco, Soya, Leche Entera, Leche 2 %, Jugo de Naranja

Frutas: Fresa, Frambuesa, Zarzamora, Papaya, Piña, Melón, Uva, Plátano, Mango, Manzana

Complementos: Almendra, Nuez, Chía, Crema de Cacahuete, Avena, Granola, Coco Seco, Crema de Almendras

CREA TU PROPIA PROTEIN SHAKE 16oz

\$310

Líquidos: Yogurt Griego, Leche de Almendras, Coco, Soya, Leche Entera, Leche 2 %, Jugo de Naranja

Frutas: Fresa, Frambuesa, Zarzamora, Papaya, Piña, Melón, Uva, Plátano, Mango, Manzana

Complementos: Almendra, Nuez, Chía, Crema de Cacahuete, Avena, Granola, Coco Seco, Crema de Almendras

Scoop de Proteína

🌿 LÁCTEOS 🌿 VEGANO 🌿 SIN GLUTEN 🌿 FRUTOS SECOS

Todos nuestros precios están en pesos mexicano se incluyen el 16% de IVA.
Por favor reporte cualquier alergia o restricción de alimentos.



FORESTA

JUICES 16oz

\$195

SECRET DETOX 🌿

Green Apple, Ginger, Lemon, Turmeric, Honey

SUN CARE 🌿

Beets, Orange, Carrot

PINK ENERGY 🌿

Strawberry, Grapefruit, Watermelon, Beets

PROTEIN SHAKES 16oz \$290

LOW CALORIES HIGH PROTEIN 🌿

Almond Milk, Peanut Butter, Banana, Chia, Protein Scoop

TRIPLE BERRY 🌿

Coconut Milk, Strawberry, Blue Berry, Raspberry, Pecan, Protein Scoop

KETO PROTEIN 🌿

2% Milk, Greek Yogurt, Cocoa, Almond Butter, Avocado

SEASONAL FRUIT BOWL \$110

FRUIT \$50

Fresh Fruit per Piece

SMOOTHIES 16oz

\$200

SWEET CACAO 🌿

Cocoa, Banana, Date, Almond Milk, Almond Cream

GREEN BOOSTER 🌿

Avocado, Spinach, Flaxseed, Coconut Water, Fresh Coconut, Spirulin

BERRIES 🌿

Mixed Berries, Greek Yogurt, Almond Paste, Oatmeal, Almond Milk

L'ELIXIR PUNCH 🌿

Mango, Strawberry, Orange Juice, Lavender

AVOCADO TOAST 🌿

\$360

Avocado, Dried Tomato, Zucchini, Sun Flower seeds, Lettuces

ENERGY BAR

\$140

Pistachio, Dark Chocolate, Oatmeal, Cramberries
Dried Apple, Dried Coconut, Pumpkin Flower Seed, Quinoa

Raisins, Yellow Raisins, Almond, Cashew 🌿

COOKIES

\$80

Oatmeal, Apple, Nuts 🌿
Chocochips Gluten Free 🌿
Carrot, Almond 🌿

CREATE YOUR OWN JUICE 16oz

\$220

Fruits: Strawberry, Raspberry, Blackberry, Papaya, Pineapple, Melon, Grape, Banana, Mango, Apple

Vegetables: Celery, Beetroot, Parsley, Cactus, Carrot, Spinach, Cucumber, Ginger

CREATE YOUR OWN SMOOTHIE 16oz

\$240

Liquids: Greek Yogurt, Almond Milk, Coconut, Soya, Whole Milk, 2% Milk, Orange Juice

Fruits: Strawberry, Raspberry, Blackberry, Papaya, Pineapple, Melon, Grape, Banana, Mango, Apple

Supplements: Almond, Walnut, Chia, Peanut Butter, Oatmeal, Granola, Dried Coconut, Almond Cream

CREATE YOUR OWN PROTEIN SHAKE 16oz

\$310

Liquids: Greek Yogurt, Almond Milk, Coconut, Soya, Whole Milk, 2% Milk, Orange Juice

Fruits: Strawberry, Raspberry, Blackberry, Papaya, Pineapple, Melon, Grape, Banana, Mango, Apple

Supplements: Almond, Pecan, Chia, Peanut Butter, Oatmeal, Granola, Dried Coconut, Almond Cream

Protein Scoop

🥛 DAIRY 🌿 VEGAN 🌿 GLUTEN FREE 🌿 TREE NUTS

All our prices are in Mexican pesos and include 16% VAT, please report any allergies or food restrictions.

