



Only 3 Elements  
Business Charity Teamwork

# Charity Team Building

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# Charity Bike Build Challenge

**Harnessing the competency, energy and investment expended during a team activity to create an event that delivers value to both the client, participants and the community.**

Charity Bike Build enables organisations to take Social Responsibility to a much wider audience with an entertaining team focused activity that is empowering for all participants.

Since its foundation Charity Bike Build has contributed in excess of £500,000 in to the community.

*"I just wanted to 'thank you' again for Friday - you and the guys were brilliant and brought out so much positive energy from the team." RBS*



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## How it Works

The challenge lasts for around 2.5 hours, this can be tailored to suit your agenda, your group will be split in to team of 5-8 and will build one bike per team.

The challenge kicks off with a briefing which normally includes a presentation from the charity project. This gives an insight in to how the bikes will be used and creates an emotional bond.

Each team is allocated a professional bike workshop with all the tools and equipment required, however before they can build the bike each member has get the knowledge.



The Knowledge session splits the team and provides the individuals with the skills required to build the bike, they then share with the rest of the team, this collaboration enables the whole team to come up with a plan.

The teams are free to build the bikes. However there are 'curve balls' along the way, insufficient budget, missing parts and challenges to overcome. Teams may need to collaborate or compete with each other, they may need to consult with the end user to ensure they get their bike built on budget and on time!

# Charity Trike Build Challenge

**Harnessing the competency, energy and investment expended during a team activity to create an event that delivers value to both the client, participants and the community.**

Charity Bike Build enables organisations to take Social Responsibility to a much wider audience with an entertaining team focused activity that is empowering for all participants.

Since its foundation Charity Bike Build has contributed in **excess of £400,000 in to the community.**



## How it Works

The challenge lasts for around 2.5 hours, this can be tailored to suit your agenda, your group will be split in to team of 5-8 and will build one trike per team.

The challenge kicks off with a briefing which normally includes a presentation from the charity project. This gives an insight in to how the bikes will be used and creates an emotional bond.

Each team is allocated a professional bike workshop with all the tools and equipment required, however before they can build the bike each member has get the knowledge.



The Knowledge session splits the team and provides the individuals with the skills required to build the bike, they then share with the rest of the team, this collaboration enables the whole team to come up with a plan.

The teams are free to build the bikes. However there are 'curve balls' along the way, insufficient budget, missing parts and challenges to overcome. Teams may need to collaborate or compete with each other, they may need to consult with the end user to ensure they get their bike built on budget and on time!

# Performance Wheelchair Challenge

**Harnessing the competency, energy and investment** expended during a team activity to create an event that **delivers value to both the client, participants and the community.**

## Why?

A fast paced challenge that puts a team on its toes right from the start. Provided limited resources and limited knowledge teams will need to source parts and expertise if they are going to complete the Sports Wheelchair before the end.

"I just wanted to say a massive thank you for the wheelchair build. The delegates had a really great time.

I'm sharing your info and how things went with the wider team today as I think this activity would work for quite a lot of our clients." WRG

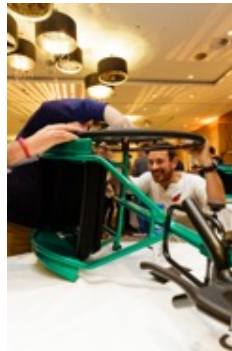


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## How it Works

Working in teams of up to 10, each team needs to build and then quality check their Sports Wheelchair.

To begin with each team is provided with a chassis and some simple instructions, their next step is to acquire the additional parts required to complete the Sport Wheelchair. In order to do this they will take part in crystal maze style challenges and dependent on the result of these will enable them to get the parts they need. They will also have to negotiate with the technicians if they need help with the assembly.



Finally when all the Sports Wheelchairs are assembled, the teams get to either race or compete in a wheelchair basket ball match.

At the end of the event the Sports Wheelchairs are donated to an all ability Sports Club.

Suitable for groups from 16 – 600.

# On Board

**Harnessing the competency, energy and investment** expended during a team activity to create an event that **delivers value to both the client, participants and the community.**

On Board a mixture of street cred, art and general knowledge, this challenge focuses on the creation of a unique masterpiece transposed on to a skateboard.

'I thought they would be in to this (OnBoard) but I had no idea how much, the team had a great time! Uswitch



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## How it Works

The challenge lasts for around 2 hours, this can be tailored to suit your agenda, your group will be split in to team of 7 and will build two skateboards per team.

On Board begins with a briefing which includes a presentation about the charity project that will receive the finished boards. Creating an emotional bond focuses the teams and makes their efforts worthwhile.

The teams will need to allocate roles which may include Yuda - responsible for overall project and collating feedback on the activity, Banksies - interpretation of the brief and ensuring the deck meets the requirements, Elons - in charge of manufacturer, Hiroshiges - meeting the strict safety guidelines.



The teams will be provided with a brief, this may be a live brief or written by the eventual recipients, including style, colour and theme. They will have to browse the shop to see what they can obtain to meet the brief and then take on challenges to gain the items they need.

Once the teams have all the items necessary they will be free to assemble and decorate their boards before finally presenting them to the whole group to show how they have fully met the brief.

And of course at the end the newly built boards will be handed over to the charity!



# Art Decko

**An artistic team challenge that engages your team, helps kids get in to a positive environment and enables your business to focus on the bigger picture. Art Decko© is a fun creative challenge with a great twist at the end.**

"I really enjoyed the whole experience. I sometimes find team building activities too much like forced fun but this one, I genuinely enjoyed!" BT



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## How it Works

Your group are split in to small teams of 3 or 4, each team has a single skateboard deck.

The first thing the team will need to do is understand the shapes and colours they need to apply to the skateboard deck, to help them they will receive a template.

Teams have their own deck painting kit and further colours and materials are available from the Skate Shack. Colours are limited to ensure that the final artwork is of a high.

The teams only spend a short time on their original before rotating around to continue where another team left off. All teams will therefore paint decks in all zones.

Once all the decks are finished we bring the teams together and, as a finale, co-ordinate the assembly of the deck canvasses by the teams to complete the image. As each completed deck is put in to place the bigger picture begins to emerge, this can be done gradually or can be part of a bigger reveal.

With the Art Decko© image completed teams will get to hear about the charity output from their efforts and how the boards will be used within the wider community.

Using a bespoke image, the Art Decko©challenge can last for a maximum of 2.5 hours dependant on the complexity of the picture. The more detail the more time.

# Fun House Challenge

**Harnessing the competency, energy and investment** expended during a team activity to create an event that **delivers value to both the client, participants and the community.**

## Why?

The fun house challenge is a creative activity that lets teams express their creativity, whilst challenging them on budgeting, time management, allocation of responsibilities whilst delivering a great outcome.

*“We’ve worked with O3e for 2yrs and their activities just keep getting better! We love that we can combine teambuilding with charity work.” – Anna Gillingham, M&G*



## How it Works

A great benefit of the Fun House Build is that it is suited to anyone and can be used for Graduate Induction, CSR Community Days, Team Off Sites and Conferences. The event can be run indoors or outside and all the paints are not only suitable for a child’s environment but also for use in confined areas, perfect for a hotel conference suite or your own workplace.

Working in teams of 8 – 10 teams need to build, paint and decorate their own house or vehicle. All the parts, paints and tools the teams need to complete the activity are included as are helpful crew.



Each team starts with similar levels of tools and equipment, including money and a basic kit, including the flat packed Fun House.

Teams can acquire additional kit, tools and decorating items in order to complete their creation.

When finished the Fun Houses are delivered either some of their key projects we are working with such as the NSPCC’s Neglect programme or you may have your own ideas of where the fun houses could be donated.

# Funky Furniture

**We conducted a survey with some of our charity partners and what came across quite strongly was the requirement for children's bedroom furniture, in particular beds.**

**We looked at this closely and came up with Funky Furniture.**

*"I really enjoyed the whole experience. I sometimes find team building activities too much like forced fun but this one, I genuinely enjoyed!" BT*



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## How it Works

Your group are split in to teams, the number varies depending on the complexity of the furniture you will be creating.

Each team is allocated a flat packed furniture kit, a bed, a toy box or a shelf unit. The team will need to assemble and paint the piece of furniture in a child friendly style. This can be a story, a theme or in classic colours.



Each team starts with similar levels of tools and equipment, including money and a basic kit.

Teams can acquire additional kit, tools, expertise and decorating items in order to complete their creation.

Over the next few hours the teams will transform pieces of plain panels in to an exciting and inspiring piece of functional art.

When finished the completed pieces will be dismantled and packed ready for their new homes, you may want to get a group together to rebuild the creations in the children's bedroom



# Great Philanthropic Challenge

Think your team has got what it takes to succeed? Want them to test it by getting out of the comfort zone? Would you like to engage their essential soft skills that enhance team performance and have great fun doing it?

## Why?

The Great Philanthropic Challenge is a fun event designed to test your team to the max. Competing in a series of Crystal Maze style challenges to achieve the highest score and win the GP Trophy. All whilst raising money for your favourite charity or community project.



## How it Works

Your group will be split into teams of 8, following an initial icebreaker resulting in a cash reward, the team will then take on a series of challenges either 6 or 8 depending on the time available. Each challenge completed results in a cash reward, the better the teams do the higher the reward. Teams can also double their money on a challenge by gambling all or some of the money on the outcome.

Challenges include

End of the World - Neutralising the dangerous material by moving it to a stable environment.

Colour Blind - A testing communication challenge

Need speed - A bike simulator relay to the top of a mountain.

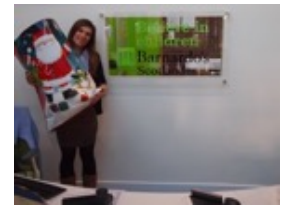
Leaky Pipeline - Work as a team to stop your customers jumping ship.

All together now - Literally harnessed together and challenged to complete an obstacle course.

In the Dark - Helping others who are unsure of what they need to do

Key Pad - Working together to work out the code

And many many more.....



## Charity

There are two things we love at O3e, the first is fun engaging events that help you achieve your objectives, the second is helping the local community that is why we donate our income to your charity. An 8 team Great Philanthropic Challenge could result in a donation of over £1000



A great way to build your team and have fun. Drums, Bass and electric guitars will come together to create a community sound like no other.

## Why?

Livewire will create confidence, bring people closer together and enable individuals to shine.

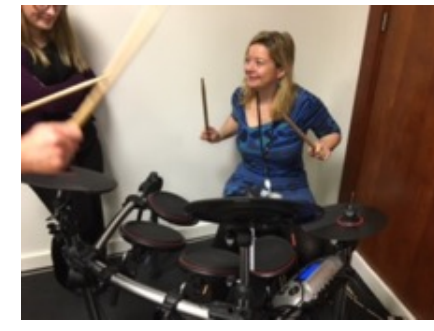
Your Livewire Challenge will enable us to expand our musical instrument library to help inspire more young people.



## How it Works

The group will be given an overview of O3e and what we do. We will then outline what we are going to be doing over the next 2 hours. Our tutors will then give a demonstration of the song we are going to be performing at the end of the workshop. One of our tutors will sing.

The group will then be asked to decide which instrument they would like to play and will be sorted into three groups for guitar, bass and drums.



The next hour and fifteen minutes will be spent teaching people in a group situation how to play the basis chords, riffs and drum patterns of the song.

For the last period of around thirty minutes we will play through the song live several times. This will give everyone a chance to excel.

At O3e we have a love for music and Livewire enables us to share that passion with young people through access to our instrument library financed by Livewire events and running similar events with schools and charity projects

# One Voice

The collective, as well as individual experience, generated from being part of a choir, is a unique and hugely rewarding activity, regardless of whether or not you've ever sung before. The excitement, energy and camaraderie experienced during such a team activity, brings with it an often life changing opportunity!

“Peter and his team delivered a fantastically smooth event for us. This is the second challenge we have worked with O3e on. This time we wanted a fun challenge which was relevant to our business, raised money for our chosen charities and brought together lawyers at all levels of our firm – a tall order but O3e did it.

What sets O3e apart from other event companies is their focus on corporate responsibility and their willingness to work in partnership with us. I wouldn't hesitate in recommending them.” Osborne Clarke

## How it Works

With a group your size we will subdivide it in to 4 smaller choirs. The people will have similar voice characteristics so that we do not have people trying to achieve high notes or low notes that they are not capable of. Each choir will practise their own session in turn. Towards the end of the hour we will begin to bring all the choirs together for a rousing final chorus.

The activity is enhanced by recording the event



After the performance recording has taken place, you can utilise the edited piece as a downloadable, donation based item, giving your chosen charity partner, the opportunity to generate potentially considerable funds for their cause. Also giving the participants something to take away with them, as a memento of their event.

# Charity Quest

This highly creative challenge can enable you to communicate your business objectives as well as contributing to your favourite charity.

03e work our own projects or with your preferred charity to understand what 'treasure' would be useful to them. The treasure hunt we design will incorporate the Charity's requirements and as teams succeed they will be rewarded with clothing, kit and activities that they will carry with them on their journey.

Once the teams time is up they will proceed to a rendezvous at a local bar, restaurant or hotel. There they will be met by the charity who will be delighted to receive the teams booty.

*Clearly a lot of thought went in, it was very well organised and very enjoyable! RSM*

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## How it works

Treasure Trails create a fun and unique way for you to get outside and explore both familiar and unfamiliar areas. An easy to follow route will enable each team to focus on cracking clues and earning points whilst taking in some of the most fascinating sights along the way and learning about the history

Your group will be split into teams, your goal is to follow the clues and earn points and booty that has great value to the charity project we will be working with, by visiting as many waypoints as possible in the allocated time.



At the waypoints you will encounter a number of different challenges, expanding the group's knowledge of the area and testing their general knowledge and creativity. To gain the all important treasure you will need to successfully complete the tasks. The team to complete the trail with the most amount of correct answers will win the day.

This event can be tailored to your needs including integrating with the teams' own smart phones as well as to any location or venue, but the basic premise is the same wherever the event is held.

# Make Sense

We are used to using our 5 senses to make sense of the world. We engage with the outside world through touching, seeing, hearing, smelling and taste.

People with special needs may have one or more of these senses missing, others may be over or under stimulated by day to day events. In fact you may be surprised to hear that there are in fact 7 senses. The last 2 are proprioception (knowing where our body is in space) and vestibular (our balance and spatial orientation).

By challenging our use of senses, we can build on our trust in oneself and our colleagues and in enhancing our communication skills - did you know that the words we hear are only 7% of the total communication we experience?

## How it works

Make Sense is a unique activity where participants take part in team challenges, based around business but also around capturing an essence of what it is like to be without one of the senses. Trust and reliance in oneself and the team is critical.

Successfully completing the challenges will enable the teams to acquire parts for a sensory wall panel storyboard, the brief for which would have been developed in conjunction with a local project working with children with a disability. Teams are provided with a workshop with all the equipment.



The teams will be given an understanding of what panel they need to create and will understand how many challenges they will need to complete in order to gather all the parts necessary to construct their panel. Once they have completed the challenges and acquired all the parts, they will construct their wall panel storyboard, making it suitable for their target audience.

Make Sense challenges the team to work together; understanding the brief, allocating responsibilities, acquiring assets, negotiating with other teams, time management and delivering the final product in a Dragon's Den style environment plus creating something that will change the lives of families in the local community.

# Community Catwalk

Our Clothes Show enables your people to fully exploit their creative potential in a world of Fashion, Drama, Glamour and Business.

Your group will be designing and creating their own fashion collection all made from clothing and items that are available in your favourite charity shop.

Help will be available but the creativity, decision making and final product is down to each team.



## How it Works

The objective is to create a 4 season collection based on an overall theme, think networking or trust.

In order to help the teams each will have their own design studio which includes, tailoring tools, mannequin, thread and other assorted accoutrements.

On hand will be fashion consultants, seamstresses and the Charity Shops with lots of items to choose from, including clothing, lace, ribbons and other accessories.



Teams will plan the collection, work out their finances and manage the time calling on the expertise when required. Once their collection is created They will then need to model their outfits on the Community Catwalk.

Community Clothes Show is a great fun event that create opportunity for your business and the local community

# Pedaling Smoothie

Pedaling Smoothies brings some welcome and light hearted creativity to putting your business objectives at the heart of everything you do whilst creating value for your favourite charity.

The world of exotic beverages is a fine way to escape working life. However, the team skills and individual flair that help in your everyday work will be useful in creating a unique drink.

An essential lesson in an atmosphere of fun and light-hearted competition. Plan, market, sell, design, package, produce and finally taste your product.

This activity will give the teams the opportunity to use their imagination and produce a new smoothie for their target audience.

This highly creative challenge provides a unique opportunity to think about your business, explore values and come away with a fresh perspective.

## How it works

Understanding the business values or strategy is one thing developing a smoothie in 2 hours that represents them is something else altogether and requires more than just understanding the job requirement.

Teams are provided a brief which is either a fictitious one or one which has a direct correlation with your organisation, clients, values and strategy. The task of the team is to convert this information in to a smoothie.

Teams will have access to a whole world of exotic ingredients and a pedal powered smoothie bike in which to mix them.



Like all our activities it is essential that we have a community outcome and we believe that the incorporation of a fun ride throughout adds an incredible dimension.

Smile Miles - Each Smoothie Bike is fitted with a odometer, for each mile or kilometre the teams clock up pedaling their smoothies O3e will donate an amount of money to your chosen charity, you may want to think about match funding this.



Charity  
Engagement



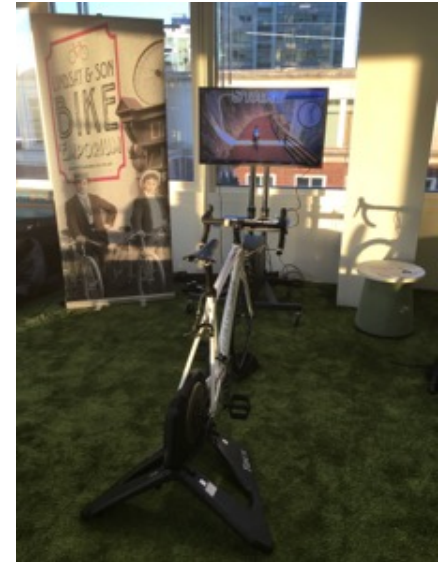
# VR Simulator

O3e's virtual simulator is a highly visual and engaging tool, currently we have three systems, 2 are the latest Tacx Neo systems, these are very quiet and work well in a networking environment.

The system consists of one or two bikes, a large screen, two computers and a facilitator. The software allows us to make and prospective ride local, so for instance an event in Madrid could have a famous part of a Spanish course from the Le Vuelta, or when in Paris a ride in the Tour De France.

The system is extremely portable and could be freighted out to a location and our facilitator can set up for the day run the event and break back down before send it back to us. We have done this many times in the past.

The system also has the ability to measure mileage, power output (it feeds the riders energy back in to the electric grid – sustainability) so it would be simple for your client to convert the output in to a donation to charity, 1 Euro per km perhaps?



# Smoothie Bikes

O3e has 2 smoothie bikes, these are highly engaging and have been used both within our Pedalling Smoothie team challenge and also at Wellbeing Activities in companies' offices as well as exhibition stands.

As part of a networking event we would suggest that you offer up to 4 different smoothies to keep the ingredients to a minimum,.

Our team will put the ingredients in the blender this ensures that hygiene is maintained. Once the blender is connected to the bike the participants can pedal and mix the ingredients, the longer and faster they go the smoother their smoothie will be. Once finished the smoothie is poured in to a sustainable cup and handed to the rider. Delicious!

All our bikes have a milometer and speedometer so the rider can see how far and how fast they are going, this can be linked to a big screen too, perfect if you want to use the miles as a way of donating money to a charity.



# Charity Bike Build Expo

A really exciting development of our business has been the launch of our exhibition version of Charity Bike Build. We have found that providing a charity element to an exhibition stand create amazing goodwill and drives increased footfall.

At a recent event we were able to engage with over 200 people for more than 5 minutes over a 2 day period, the activity was perfect for getting strangers together and do something meaningful and highly rewarding.

Our concept is 'have you got 5 minutes spare to impact on society'. Participants are handed a bike part and invited to fit it to a frame, as each part is fitted the bike begins to take shape until the whole bike is completed.

Each participant is invited to sign a goodwill card that is attached to the bike and when the bike is handed over the recipients all identified by the Children's charity Barnardos will send a message of thanks back to the builders.

This is brilliant circular process which can only promote wellbeing all round.

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# OnBoard Community

Following on from our success with the Charity Bike Build exhibition we introduced a similar programme with our very popular OnBoard Skateboard Build and decorate challenge.

Working with Cisco and GPJ we created a work of art that captured the spirit of the expo whilst delivering a highly engaging activity for over 500 delegates.

The picture tells a 1000 words on this one, however participants were asked to either paint, or build a skateboard, either individuals or colleagues worked together to build 210 decks over a 4 day period.

All the participants had loads of fun and the boards were donated to 4 Barcelona based youth charities.





Information

# Some of our clients



FriendsLife

RBS  
The Royal Bank of Scotland



BAE SYSTEMS  
INSPIRED WORK



KPMG



Roche



M&G  
INVESTMENTS



citi



Johnson & Johnson  
INNOVATION

simplyhealth *We can be bothered*

SANOFI GENZYME

Canada Life



# Participant feedback

Many said the event activities were energising and pitched just right. While challenged to work outside their comfort zones, with people they didn't know, they appreciated being reminded of how important flexibility and simplicity is to meeting the customers varying needs.

Most were deeply moved by doing something small but significant for so many families. Reinforcing how a small considered shift in approach can make a big difference.

Thank you Peter, to you and your team, for expertly delivering a thought provoking team building workshop.

Angie Shannon RBS



Without doubt the Charity Bike Build afternoon was the best team building event I have taken part in. It was a really effective way of encouraging team work and communication with colleagues who you had not met before, and because you were focussing on a tangible outcome, everyone pulled together and gave it their best effort. The only problem now is how to get something better for next time!

Deborah Hutcheon KPMG

I found Peter and his team to be enthusiastic, thoroughly professional in their organisation and attention to detail and yet flexible enough to accommodate our fluid planning process! The team on the day really encouraged the participants to get involved and engage in activities despite the vast majority having no previous experience of bikes. The feedback on the day after the event was tremendous and our principal goals of all our Scottish staff working and having fun together were resoundingly achieved. The nature of the event also inspired me to investigate more what we as a firm could do locally with our bikes, something that I found to be particularly rewarding.

Stuart Thomson KPMG

I can honestly say it was the best team activity I've been to and many other people (participants) have said the same! You and your team were really well prepared and did a great job linking the exercise to our theme of the week.

Jonathan Santen Swiss Re



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