



OCTOBER

SPRUCE NEEDLE

30.09–05.10.2025

Sauna team hotel

Fresh spruce needle infusions reminiscent of a refreshing walk through the forest

ROSEMARY-LEMON

06–12.10.2025

Sauna team hotel

Invigorating rosemary-lemon infusions, ideal to counter autumn fatigue

ORANGE-GINGER

13–19.10.2025

Sauna team hotel

Fruity-spicy orange-ginger infusions giving energy on cooler days

TIME FOR YOURSELF

16–18.10.2025

Paulina Ardova

Mindfulness special with gentle infusions of sandalwood, lavender and orange-ginger and a herbal tea ceremony for inner calm

SANDALWOOD

20–26.10.2025

Sauna team hotel

Sensual sandalwood infusions, perfect for cosy autumn days

FAIRYTAIL – IMAGINATIVE INFUSIONS

25–27.10.2025

Ditta Kiss

Imaginative themed infusions with show elements and relaxing rituals in a fairytale atmosphere

VANILLA

27.10–02.11.2025

Sauna team hotel

Gentle vanilla infusions, soothing and warming for the soul



Sauna programm



NOVEMBER

SAGE-THYME

03-09.11.2025

Sauna team hotel

Strengthening sage-thyme infusions, beneficial for the airways during cold season

STEAM & SHOW

07-09.11.2025

Alex Wöhrer
Bernd Hofbauer
& Christian Klotzner

Intensive sauna weekend with 14 infusions, themed and show infusions as well as steam bath ceremonies

FRANKINCENSE

10-16.11.2025

Sauna team hotel

Mystical frankincense infusions, calming and ideal for grey November days

CINNAMON-CLOVE

17-23.11.2025

Sauna team hotel

Classic winter infusions with cinnamon and clove, uplifting and warming

EXPEDITION INFUSION

18-20.11.2025

Lukas Barani

Infusion specials themed around mountains, alpine traditions and incense rituals with show elements

MYRTLE-LEMON

24-30.11.2025

Sauna team hotel

Fresh myrtle-lemon infusions, clarifying for the airways and uplifting in darker days



DECEMBER

CINNAMON-STAR ANISE

01-07.12.2025

Sauna team hotel

Warming cinnamon-star anise infusions, festive, sweet and comforting

FIR-ORANGE

08-14.12.2025

Sauna team hotel

Festive fir-orange infusions combining freshness with warmth and security

MULLED WINE SCENT

15-21.12.2025

Sauna team hotel

Sweet-spicy infusions with mulled wine aroma evoking the spirit of Christmas markets

WINTER SOLSTICE

18-21.12.2025

Herzfeld

Incense rituals and sound journeys in the sauna to mark the winter solstice

BAKED APPLE

15-21.12.2025

Sauna team hotel

Sweet-spicy baked apple infusions with apple and cinnamon notes, festive and homely

ROSE

29.12.2025-04.01.2026

Sauna team hotel

Fine rose infusions with a festive fragrance to close the year

ROCKABILLY - NEW YEAR'S EVE SPECIAL

31.12.2025

Bettina or Joe

Late-night sauna with vanilla-coconut and lemon-mint infusions accompanied by rock'n'roll classics for a lively New Year's Eve