

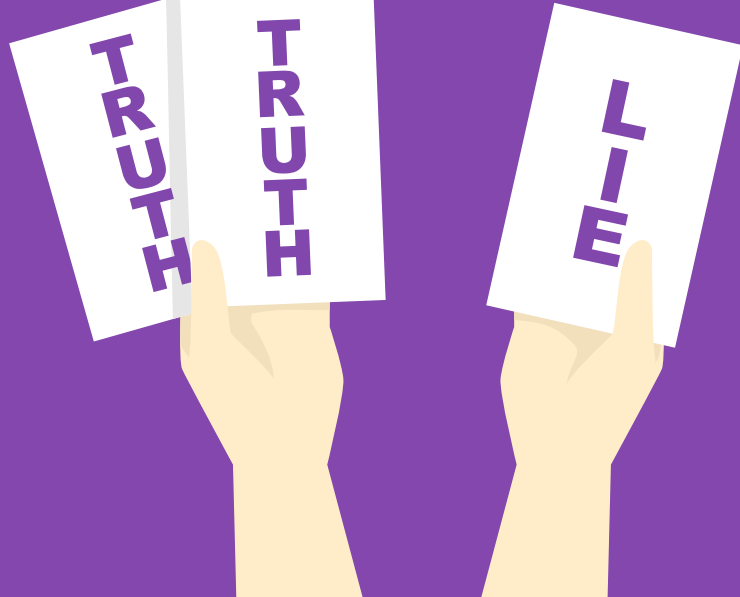
# ICEBREAKER & ENERGISER GAMES

Time to get to really know your team



## TWO TRUTHS & A LIE

Tell three stories, with one of them being a lie. Try a guess which is a lie...



# 3

## THREE WORDS

Ask each person to list 3 words about how they are feeling right now.

## PICTIONARY

Time to use our whiteboards! Can you guess what they've drawn?



# ?

## WOULD YOU RATHER?

Time to ask the questions you really want to know. Get into pairs and ask would you rather do a) or b)?

## LOST ON A DESERTED ISLAND

If you were stuck on a deserted island, what would you bring and why?



## THE HOT SEAT

Time to get creative and ask those all important questions... For example, what's your spirit animal?

## BUCKET LIST

Name 5 experiences or achievements that you hope to have or accomplish during your lifetime.



## FUN ICEBREAKER QUESTIONS

- Have you been pleasantly surprised about anything lately?
- Who had the most influence on you growing up?
- What's the favourite place you have ever visited?
- Do you have any family traditions?
- What's the best advice you have ever heard?
- How do you like your steak?
- What's your favourite tik tok trend?
- Have you ever met anyone famous?
- What time do you go to bed?
- Do you have any quotes you live by?